

AMADOR COUNTY UNIFIED SCHOOL DISTRICT

217 Rex Avenue, Jackson, California 95642

(209) 223-1750 Fax: (209) 223-1733

IMPORTANT INFORMATION REGARDING FLU SEASON

(The following information was developed as a collaborative effort between the Amador County Public Health Department and the Amador County Unified School District.)

This year's flu season will provide two challenges for public health – seasonal flu and H1N1 (formerly known as swine flu). Amador County has plans in place to make available both seasonal flu and H1N1 vaccine, free of charge, for students in our schools, with parent permission. Amador County's response to both seasonal flu and H1N1 is designed to reduce the incidence of disease in our schools and communities.

Flu is an infection of the nose, throat, and lungs and is spread from person-to-person through droplets from an infected person coughing or sneezing. Students will receive instruction during the first week of school regarding the importance of:

- Handwashing
- Covering your cough
- Staying home when you are sick
- Importance of immunization

It is important to reinforce these messages with your student to protect them from flu and other diseases which are spread from person-to-person.

Seasonal flu and H1N1 are caused by different influenza (flu) viruses and require different immunizations.

It is recommended that EVERYONE (children and adults of all ages) receive **SEASONAL FLU VACCINE**. Information and permission slips for seasonal flu mist for students will be distributed September 1st (Tuesday envelopes, web-based and available in school offices.) Clinics will start as soon as vaccine is available in September. Flu vaccine will also be available through other resources in the community, call 209-223-6697 or go to www.co.amador.ca.us/depts/public_health/.

H1N1 VACCINE will be scheduled for school clinics when it is available, which should be mid-October. Children age 6 months to 18 years are considered high risk and will have priority in receiving the vaccine which will consist of 2 doses approximately 21 days apart.

It is important to stay informed. Up-to-date and on-going information about seasonal flu and H1N1 in Amador County can be found on www.co.amador.ca.us/depts/public_health/. There will also be links to this web site on www.amadorcoe.org. If you are unable to access this information and have questions, please call Amador County Public Health at 223-6407 or school nurse at 257-5343.

facebook

Name:
Amador HealthOfficer

On [Facebook](#) or [Twitter](#)? For updates add:



Follow: twitter.com/AmadorHlthOffcr

