



AMADOR COUNTY UNIFIED SCHOOL DISTRICT
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Health and Safety Plan During COVID-19 for a Safe Return to School for the 2021-2022 School Year

Current as of January 12, 2022

On July 12, 2021, the California Department of Public Health (CDPH) published its updated guidance for K-12 schools for the 2021-2022 school year. The foundational principle of this guidance is that all students must have access to safe and full in-person instruction and to as much instructional time as possible. This plan is based on current guidance as of 2:00 pm on January 12, 2022, and is subject to change based on additional guidance issued by CDPH after this date and time.

The surest path to safe and full in person instruction at the outset of the school year, as well as minimizing missed school days in an ongoing basis, is a strong emphasis on the following: vaccination for all eligible individuals to get COVID-19 rates down throughout the community; universal masking in schools, which enables no minimum physical distancing, allowing all students access to full in-person learning, and more targeted quarantine practices, keeping students in school; and access to a robust COVID-19 testing program as an available additional safety layer. Recent evidence indicates that in-person instruction can occur safely without minimum physical distancing requirements when other mitigation strategies (e.g., masking) are fully implemented. This is consistent with the Centers for Disease Control (CDC) K-12 School Guidance.

Masks are one of the most effective and simplest safety mitigation layers to prevent in-school transmission of COVID-19 infections and to support full time in-person instruction in K-12 schools. COVID-19 is transmitted primarily by aerosols (airborne transmission), and less frequently by droplets. Physical distancing is generally used to reduce only droplet transmission, whereas masks are one of the most effective measures for source control of both aerosols and droplets. Therefore, masks best promote both safety and in-person learning by reducing the need for physical distancing. Additionally, under the new guidance from the CDC, universal masking also permits modified quarantine practices under certain conditions in K-12 settings, further promoting more instructional time for students.

CDPH will continue to assess conditions on an ongoing basis, and will determine **no later than November 1, 2021**, whether to update mask requirements or recommendations. Indicators, conditions, and science review will include vaccination coverage status, consideration of whether vaccines are available for children under 12, community case and hospitalization rates, outbreaks, and ongoing vaccine effectiveness against circulating variants of COVID, in alignment with the CDC-recommended indicators to guide K-12 school operations.

On October 21, 2021, a joint statement issued by California Health and Human Services Agency Secretary Dr. Mark Ghaly, and California Department of Public Health Director and State Public Health Officer Dr. Tomás Aragón, reaffirmed the state's approach to preventing COVID-19 in schools and protecting our students' health – **continuing the state's successful masking requirements in K-12 settings**. "Due to these considerations, California is reaffirming its current approach to COVID-19 prevention and containment in schools and will continue to maintain the universal indoor mask mandate in K-12 schools and will continue to monitor conditions through the winter."

This guidance is designed to enable all schools to offer and provide full in-person instruction to all students safely, consistent with the current scientific evidence about COVID-19, even if pandemic dynamics shift throughout the school year, affected by vaccination rates and the potential emergence of viral variants.

This guidance includes mandatory requirements, in addition to recommendations and resources to inform decision-making. Stricter guidance may be issued by local public health officials or other authorities.

All information contained in this Health and Safety Plan during COVID-19 for a Safe Return to School is taken from the California Department of Public Health's COVID-19 Public Health Guidance for K-12 Schools in California, 2021-22 School Year and the Cal/OSHA COVID-19 Prevention Emergency Temporary Standards.

Safety Measures for California's K-12 Schools

1. Masks

- a. Masks are optional outdoors for all students and staff in K-12 school settings. Because of this, teachers are encouraged to find an outdoor space to conduct class as much as possible to minimize the amount of time masks are required.

- b. K-12 students are required to mask indoors, with limited exemptions per CDPH face mask guidance. Adults in K-12 school settings are required to mask when sharing indoor spaces with students.
- c. Persons exempted from wearing a face covering due to a medical condition, must wear a non-restrictive alternative, such as a face shield with a drape on the bottom edge, as long as their condition permits it.
- d. Schools must develop and implement local protocols to provide a face covering to students who inadvertently fail to bring a face covering to school to prevent unnecessary exclusions.
- e. Consistent with guidance from the 2020-21 school year, schools must develop and implement local protocols to enforce the mask requirements. Additionally, schools should offer alternative educational opportunities for students who are excluded from campus because they will not wear a face covering, including independent study.
- f. In limited situations where a face covering cannot be used for pedagogical or developmental reasons, (e.g., communicating or assisting young children or those with special needs) a face shield with a drape (per CDPH guidelines) can be used instead of a face covering while in the classroom as long as the wearer maintains physical distance from others. Staff must return to wearing a face covering outside of the classroom.

For students who are not exempt from wearing a face covering per the CDPH Face Coverings Guidance updated August 2, 2021 section titled, "[Safety Measures for K-12 Schools – Item #1: Masks](#)", the following enforcement process will apply:

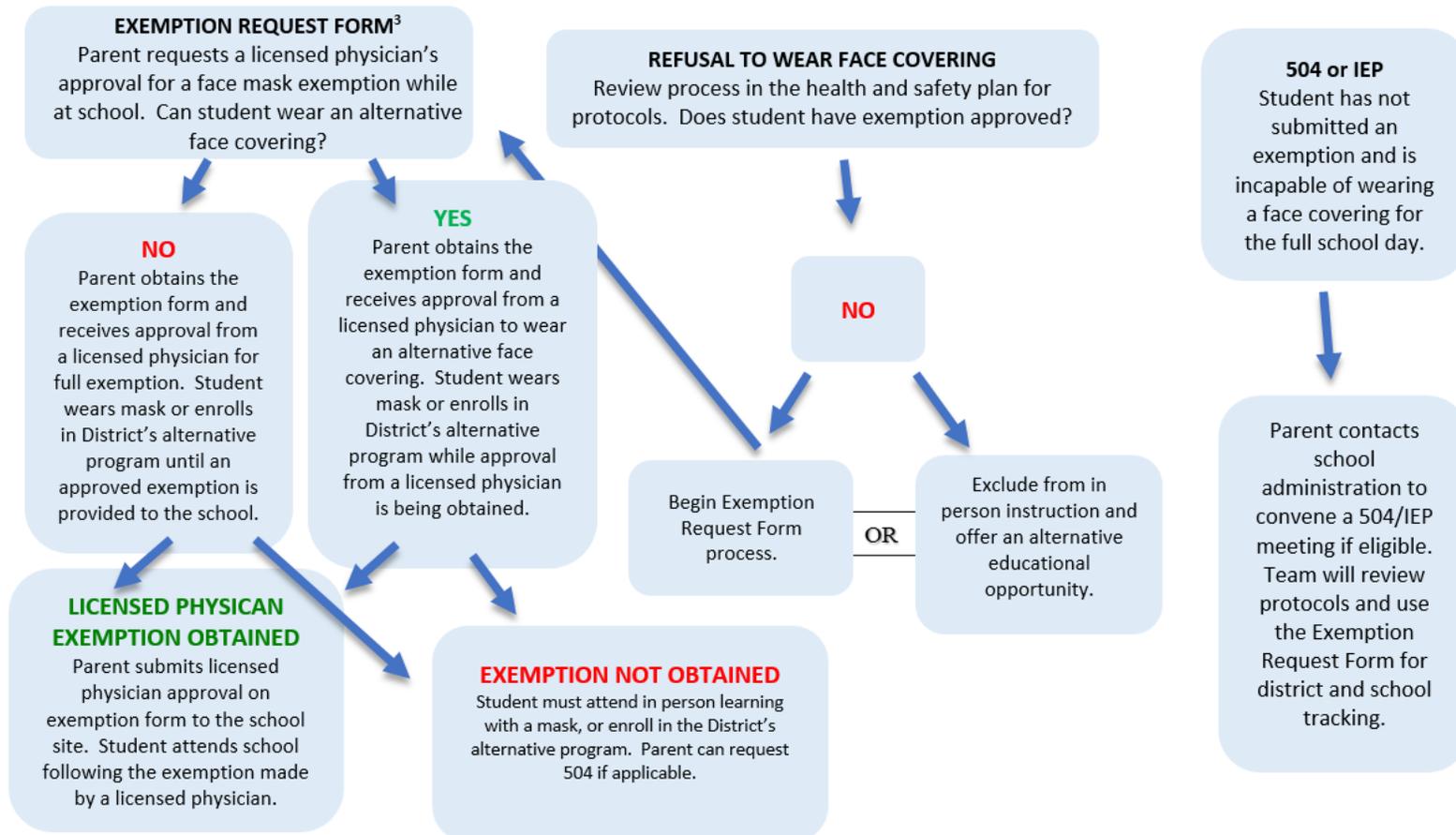
- Students will be redirected by staff any time a mask is not worn, or not worn properly, while indoors on school property.
- Students refusing to wear a mask after being redirected by a staff member to do so, or after being provided a mask by a staff member, will be referred to the office for consultation. A staff member will meet with the student and review all CDPH guidelines and emphasize proper mask wearing requirements.
- If a student continues to not follow redirection after meeting with school staff, a meeting with the principal, parent and student will be scheduled immediately.
- Students continuing to refuse to wear a mask after the parent conference will have the following options - Option 1: Go through the Mask Exemption Process if applicable, or Option 2: Enroll in the district’s Independent Study/Virtual Learning program option (see details below).

Option 1:	Option 2:
Mask Exemption Process per CDPH Guidance for K-12 Schools- Safety Measures- Masks	Enroll in the district’s Independent Study/Virtual Learning program
<ul style="list-style-type: none"> ● Certain students with mental health or medical conditions, and disabilities may be exempt from the mask requirement. ● Parent obtains the Student Mask Exemption Request Form to begin the process for mask exemption while at school. ● Parent takes form to student’s licensed physician to complete. 	<ul style="list-style-type: none"> ● Contact school site administration for enrollment: <ul style="list-style-type: none"> ○ TK-6 - John Hawley at Pine Grove Virtual Academy; 296-2800 or jhawley@acusd.org ○ 7-12 - Kelly Hunkins at North Star Academy; 257-5100 or khunkins@acusd.org

- Per CDPH guidance on August 6, 2021, a licensed physician must provide authorization in order for a student to have an approved mask exemption.
- Until the request form process is fully approved and completed, students attending in person learning will be required to wear a face covering, or parents have the option to have their child(ren) attend the Independent Study/Virtual Learning program option while going through the mask exemption process.
- The Mask Exemption Process will be as follows:
 - Parents will request the *COVID-19 Student Mask Exemption Form* from their school site office.
 - Once a parent provides a completed *Student Mask Exemption Request Form* from a licensed physician, the parent will bring the form to school site for processing. Exemption exists if a licensed physician determines one of the following is met:
 - The student is under the age of 2
 - The student has a medical condition
 - The student has a mental health condition
 - The student has a communication disability
 - The student's learning is inhibited because they are hearing impaired
 - If the student is found to be exempt from wearing a face covering, it will be determined if an alternative face covering (such as a face shield with a drape) can be used by the student.
 - Once the process has been completed, the approved *COVID-19 Student Mask Exemption Form* will be provided to the teacher(s) of record for the student and the school administrator for that student.

Mask Exemption Process Flowchart

Has the student provided a request for exemption OR is the student refusing¹ to wear a face covering and will not wear one provided to them OR does the student have a 504 or IEP and is incapable of wearing a face covering for the full school day
 ALL STUDENTS 2 YEARS OLD AND ABOVE MUST WEAR A FACE COVERING²



The term “close contact” in this document means the following: within 6’ for 15 cumulative minutes or more, in a 24 hour period while indoors.

- If there is an exposure in the classroom the following must occur per CDPH and ACPH:
 - Any student not wearing a mask, who was a close contact with an individual who was also not wearing a mask and has a positive COVID-19 test must:
 - Not attend in-person instruction and quarantine for all extra-curricular activities at school, including sports, and activities within the community setting
 - Remain in quarantine until after day 10 from the date of last exposure without testing, OR
 - Remain in quarantine until after day 7 if a COVID-19 test is completed on or after day 5 from the date of last exposure, and tests negative.
 - Any student not wearing a mask, who was a close contact with an individual who was wearing a mask and has a positive COVID-19 test must:
 - Not attend in-person instruction and quarantine for all extra-curricular activities at school, including sports, and activities within the community setting
 - Remain in quarantine until after day 10 from the date of last exposure without testing, OR
 - Remain in quarantine until after day 7 if a COVID-19 test is completed on or after day 5 from the date of last exposure, and tests negative.
 - Any student wearing a mask, who was a close contact with an individual who was not wearing a mask and has a positive COVID-19 test must:
 - Not attend in-person instruction and quarantine for all extra-curricular activities at school, including sports, and activities within the community setting
 - Remain in quarantine until after day 10 from the date of last exposure without testing, OR
 - Remain in quarantine until after day 7 if a COVID-19 test is completed on or after day 5 from the date of last exposure, and tests negative.
 - Any student wearing a mask, who was a close contact with an individual who was also wearing a mask and has a positive COVID-19 test may continue to attend school for in person instruction if they:
 - Are asymptomatic
 - Continue to appropriately mask as required
 - Undergo at least twice a week testing during the 10 day modified quarantine
 - Full quarantine applies for all extra-curricular activities at school, including sports, and activities within the community setting
 - Remain in modified quarantine until after day 10 from the date of last exposure without testing, OR
 - Remain in modified quarantine until after day 7 if a COVID-19 test is completed on or after day 5 from the date of last exposure, and tests negative.
 - Any staff member wearing a mask, who was a close contact with a student who was not wearing a mask and has a positive COVID-19 test may discontinue quarantine:
 - After day 10 from the date of last exposure without testing,
 - Continue to quarantine for all extra-curricular activities at school, including sports, and activities within the community setting
 - Any student or staff member who is within 90 days of a prior COVID positive test result does not need to quarantine after a repeat exposure to COVID within that time frame. They also are not advised to get re-tested UNLESS they develop symptoms after that known exposure.

- Any student or staff member who is a close contact **and is fully vaccinated** as verified by the district can:
 - Refrain from quarantine, wear a mask, and get tested 3-5 days following a known exposure, even if they remain asymptomatic
 - Students and parents must screen for symptoms each morning prior to arriving on campus, and stay home if symptoms are present

2. Physical Distancing

- a. Recent evidence indicates that in-person instruction can occur safely without minimum physical distancing requirements when other mitigation strategies (e.g., masking) are implemented. This is consistent with CDC K-12 School Guidance.

3. Health Screening:

- a. Passive (Self) Screening: Staff and students must self-screen for symptoms at home daily. This is called passive screening. If a person is sick or exhibits symptoms of COVID-19, they may not come to school and will follow Stay at Home and Return to School Requirements. Signs of illness include fever or chills (100.4 degrees or higher), cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea per CDC guidelines.

4. Ventilation Recommendations

- a. For indoor spaces, ventilation should be optimized, which can be done by following CDPH Guidance on Ventilation of Indoor Environments and Ventilation and Filtration to Reduce Long-Range Airborne Transmission of COVID-19 and Other Respiratory Infections: Considerations for Reopened Schools.

5. Recommendations for staying home when sick and getting tested:

- a. Follow the strategy for Staying Home when Sick and Getting Tested from the CDC.
- b. Getting tested for COVID-19 when symptoms are consistent with COVID-19 will help with rapid contact tracing and prevent possible spread at schools.
- c. Advise staff members and students with symptoms of COVID-19 infection not to return for in-person instruction until they have met CDPH criteria to return to school for those with symptoms:
 - i. At least 24 hours have passed since resolution of fever without the use of fever reducing medications; and
 - ii. Other symptoms have improved; and
 - iii. They have a negative test for COVID-19, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis, OR at least 10 days have passed since symptom onset.

6. Screening testing recommendations:

- a. A robust testing program is one key strategy to allow schools to continue to remain open. Testing can modify quarantine as allowed under the K-12 School Guidance, and it also supports minimizing missed school days. As of October 18, 2021, testing is available at all school sites, free of charge for all students, employees, volunteers, and in certain cases, family members.

7. Case reporting, contact tracing and investigation

- a. Per AB 86 (2021) and California Code Title 17, section 2500, schools are required to report COVID-19 cases to the local public health department.
- b. Each school should have a COVID-19 liaison to assist the local health department with contact tracing and investigation. The LEA should also have a lead liaison.

8. Quarantine recommendations for vaccinated close contacts

- a. For the purposes of this guidance, people are considered fully vaccinated: two weeks or more after they have received the second dose in a 2-dose series (Pfizer or Moderna), or two weeks or more after they have received a single-dose vaccine (Johnson and Johnson [J&J]/Janssen).
- b. Close contacts who are fully vaccinated can:
 - i. Refrain from quarantine and testing following a known exposure as long as they remain asymptomatic.
 - ii. Following a known exposure at work, fully vaccinated workers do not need to quarantine if asymptomatic.

9. Quarantine recommendations for unvaccinated students for exposures when both parties were wearing a mask, as required in K-12 indoor settings. These are adapted from the CDC K-12 guidance and CDC definition of a close contact.

- a. When both parties were wearing a mask in the indoor classroom setting, unvaccinated students who are close contacts (more than 15 minutes over a 24-hour period within 0-6 feet indoors) may undergo a modified 10-day quarantine as follows. They may continue to attend school for in-person instruction if they:
 - i. Are asymptomatic;
 - ii. Continue to appropriately mask, as required;
 - iii. Undergo at least twice weekly testing during the 10-day quarantine ; and
 - iv. Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting.

10. Quarantine recommendations for: unvaccinated close contacts who were not wearing masks or for whom the infected individual was not wearing a mask during the indoor exposure; or unvaccinated students as described in #9 above.

- a. For these contacts, those who remain asymptomatic, meaning they have NOT had any symptoms, may discontinue self-quarantine under the following conditions:
 - i. **Students:**
 1. Quarantine can end *after* Day 10 from the date of last exposure without testing; OR
 2. Quarantine can end *after* Day 7 if a diagnostic specimen is collected on or after Day 5 from the date of last exposure and tests negative.
 - ii. Staff:
 1. Staff who are a close contact to someone who tested positive are now eligible for early release from quarantine after day 5 with a negative antigen test result that is completed at their school site on or after day 5, or by providing official results from another testing service or doctor to the school/district. Staff coming to school to test should be symptom free and may then return to school on or after day 6.
 2. Staff that are boosted or fully vaccinated but not yet booster eligible, do not need to quarantine, but must test on day 5.
 3. Per Cal OSHA and CDPH effective immediately, staff who are fully vaccinated and are currently booster-eligible, but have not yet received their booster, can test within 3-5 days after last exposure, if negative do not need to be excluded from work when asymptomatic.
 4. Unvaccinated staff, including persons previously infected with Covid-19 within the last 90 days, can release from quarantine after day 5 with a negative antigen test result that is completed at their school site on or after day 5, or by providing official results from another testing service or doctor to the school/district. Staff coming to school to test should be symptom free and may then return to school on or after day 6. If unable or choose not to test and does not have symptoms can return to work after day 10.
- b. To discontinue quarantine before 14 days following last known exposure, asymptomatic close contacts must:
 - i. Continue daily self-monitoring for symptoms through Day 14 from last known exposure; AND
 - ii. Follow all recommended non-pharmaceutical interventions (e.g., *wearing a mask when around others*, hand washing, avoiding crowds) *through Day 14 from last known exposure*.
- c. If any symptoms develop during this 14-day period, the exposed person must immediately isolate, get tested, and contact their healthcare provider with any questions regarding their care.

****See appendix A for a flow chart about when students and staff must quarantine.**

11. Quarantine Recommendations for Household Close Contacts

- a. Students or staff who live in a household where someone has tested positive for COVID-19, who are up to date with their vaccine, and who do not have symptoms, do not need to quarantine. Students ~~and staff~~ who are not vaccinated or are not up

to date with their vaccine must be excluded from school. These students ~~or staff~~ can get a PCR test for COVID-19 on or after day 10 since their first exposure to the positive individual. If the test is negative and they remain without symptoms, quarantine can end after Day 14.

- b. Staff who are unvaccinated must be excluded from the workplace for at least 5 days after their last close contact with a person who has COVID-19. Exposed employees must test on day 5. Quarantine can end and exposed employees can return to the workplace after day 5 if symptoms are not present **and** a diagnostic specimen collected on day 5 or later tests negative.

12. Quarantine and testing Recommendations for individuals who have tested positive for COVID in the last 90 days

- a. People who are within 90 days of their prior positive do not need to quarantine after a repeat exposure to COVID within that time frame, and are not advised to get re-tested UNLESS they develop symptoms after that known exposure.

13. Isolation recommendations

- a. Both vaccinated and unvaccinated people who test positive for COVID-19 should immediately self-isolate. In the event a student or staff member tests positive, the scenario 3 letter (confirmed COVID case) will be sent home to the families of impacted students. The scenario 2 (close contact), and scenario 4 (follow-up to scenario 2- close contact) letters are discontinued effective the 2021-2022 school year.
- b. Those who are **symptomatic** may discontinue self-isolation only under the following conditions:
 - ~~i. At least 10 days have passed since symptom onset; AND~~
 - ii. All students and staff who test positive regardless of their vaccination status, are eligible for release from isolation after day 5 with a negative antigen test result done at the school on or after day 5, or by providing official results from another testing service or doctor to the school/district. Students or staff coming to school to test should be symptom free and may then return to school on day 6.
 - iii. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND
 - iv. Other symptoms have improved
- c. People with COVID-19 who are **asymptomatic**, meaning that they have NOT had any symptoms, may discontinue isolation under the following conditions:
 - ~~i. At least 10 days have passed since the date of the first positive COVID-19 test.~~
 - ii. All students and staff who test positive regardless of their vaccination status, are eligible for release from isolation after day 5 with a negative antigen test result done at the school on or after day 5, or by providing official results from another testing service or doctor to the school/district. Students or staff coming to school to test should be symptom free and may then return to school on day 6.

- iii. If they develop symptoms, then the strategies for discontinuing isolation for symptomatic persons (see above) should be used.

14. Hand hygiene recommendations

- a. Teach and reinforce washing hands, avoiding contact with one's eyes, nose, and mouth, and covering coughs and sneezes among students and staff.
- b. Promote hand washing throughout the day, especially before and after eating, after using the toilet, and after handling garbage, or removing gloves.
- c. Ensure adequate supplies to support healthy hygiene behaviors, including soap, tissues, no-touch trashcans, face coverings, and hand sanitizers with at least 60 percent ethyl alcohol for staff and children who can safely use hand sanitizer.

15. Cleaning recommendations

- a. In general, cleaning once a day is usually enough to sufficiently remove potential virus that may be on surfaces. Disinfecting (using disinfectants on the U.S. Environmental Protection Agency COVID-19 list) removes any remaining germs on surfaces, which further reduces any risk of spreading infection.
- b. For more information on cleaning a facility regularly, when to clean more frequently or disinfect, cleaning a facility when someone is sick, safe storage of cleaning and disinfecting products, and considerations for protecting workers who clean facilities, see *Cleaning and Disinfecting Your Facility*.
- c. If a facility has had a sick person with COVID-19 within the last 24 hours, clean AND disinfect the spaces occupied by that person during that time.

16. Food service recommendations

- a. Maximize physical distance as much as possible while eating (especially indoors). Using additional spaces outside of the cafeteria for mealtime seating such as classrooms or the gymnasium can help facilitate distancing. Arrange for eating outdoors as much as feasible.
- b. Clean frequently touched surfaces. Surfaces that come in contact with food should be washed, rinsed, and sanitized before and after meals.
- c. Given very low risk of transmission from surfaces and shared objects, there is no need to limit food service approaches to single use items and packaged meals.

17. School Bus/Transportation

- a. All requirements apply to the school bus as well.

- i. All riders must wear a mask while riding the bus, unless exempted.
- ii. Good ventilation with open/partially open windows is recommended.
- iii. Buses should be cleaned daily and cleaned and disinfected after transporting any individual who is exhibiting symptoms of COVID-19.

18. Responding to students or staff exhibiting symptoms at school:

- a. Individuals who have symptoms of illness must be immediately separated to prevent possible transmission of disease to others. Individuals who are sick should go home or to a healthcare facility depending on the severity of their symptoms. Sick students and sick staff must:
 - i. Be quickly separated from other students/staff until picked up by parent/guardian
 - ii. Maintain more than 6 feet of distance from others, preferably in a separate room that is well ventilated
 - iii. Wear a disposable mask
 - iv. Attending staff must use standard precautions when assisting a sick individual. For suspected COVID-19 this includes, disposable face mask, eye covering/face shield and gloves
 - v. Call parent/guardian for immediate pick up
 - 1. If a parent/guardian cannot pick up students, consider procedures for arranging transportation to their home
 - 2. Provide parent/guardian or staff member with Stay at Home/When to Return to School instructions
 - vi. Disinfect all surfaces after the student/staff leaves and before use by others
 - vii. If COVID-19 is suspected, contact your school nurse or Human Resources. Follow Communicable Disease Response Protocols for notifying Human Resources for possible outbreaks of infectious disease
- b. Collect and track illness-related absence information at the time of student or staff absence.
 - i. Train attendance staff to support contract tracing as directed by the Amador County Health Department
 - ii. School site staff responsible for entering attendance data into Aeries will also list reasons for illness, symptoms, and date of onset in the “Comments” section
- c. Follow HIPAA confidentiality laws noting that communicable disease concerns are confidential, and all staff are expected to protect health information.
- d. Contact the Human Resources Department
- e. Designated Human Resources staff will report all COVID-19 diagnoses, as well as any unusually high number of illness-related student and staff absences, to Amador County Public Health. Amador County Public Health and ACUSD will coordinate response to COVID-19 cases within the confidentiality framework of HIPPA and FERPA. The Assistant Superintendent of Human Resources and Labor Relations will be the point of contact for all staff related cases and the Assistant Superintendent of Educational Services will be the point of contact for all student related cases.

- f. Require students and staff to remain home per Stay at Home Requirements.
 - i. Stay home if experiencing the following symptoms of illness: fever or chills (100.4 degrees or higher), cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea. * Subject to change as revised by CDC.
 - ii. Stay home if advised to isolate or quarantine by your doctor or the health department due to COVID-19 precautions. Reasons may include:
 - 1. Recent contact with a person with COVID-19
 - 2. Recent diagnosis with COVID-19
 - 3. Recent travel from anywhere with widespread COVID transmission
 - iii. The COVID-19 Decision Tree for People in Schools, Youth, and Child Care Programs will be used to determine stay at home, isolation, or quarantine lengths on a case by case basis. Return to school or work when free of symptoms for 24 hours, and at least 10 days have passed from the start of symptoms or the date the positive test was collected, and/or after the ordered quarantine/isolation period has ended, as applicable.
- g. Additional activities may be required as advised by Human Resources following county health department orders.

***See Appendix B for a flow chart of what to do if a student is sick.**

19. Vaccination verification considerations

- a. To inform implementation of prevention strategies that vary by vaccination status (testing, contact tracing efforts, and quarantine and isolation practices), refer to the CDPH vaccine verification recommendations. Reasons for determining vaccination status include:
 - i. Employees who are not fully vaccinated, or who decline to verify vaccine status, are required to continue to wear approved face coverings at work indoors, except when briefly eating or drinking or alone in a room or vehicle.
 - ii. Fully vaccinated employees (2 weeks after your last COVID-19 vaccine) who are not working directly in contact with students and where no students are present, can choose to not wear face coverings while indoors at work. If an employee has been vaccinated against COVID-19 and wishes to remove their face covering, the District is required to document the employee's COVID-19 vaccination status. Contact the Human Resources Office if you did not receive the vaccination verification form to complete.
 - iii. Fully vaccinated students and staff do not need to quarantine in the event of an exposure, as long as they remain asymptomatic and follow all current CDPH/CDC recommendations as detailed on page 8.
- b. Options for Providing Proof of Vaccination:

- i. Covid-19 Vaccination Record Card (issued by the Department of Health and Human Services Centers for Disease Control & Prevention or WHO Yellow Card1) which includes name of person vaccinated, type of vaccine provided and date last dose administered); OR
 - ii. A photo of a vaccination card as a separate document; OR
 - iii. A photo of the client's vaccine card stored on a phone or electronic device; OR
 - iv. Documentation of vaccination from a healthcare provider; OR
 - v. Digital record that includes a QR code that when scanned by a SMART Health Card reader displays to the reader client name, date of birth, vaccine dates and vaccine type. The QR code must also confirm the vaccine record as an official record of the state of California; OR
 - vi. Documentation of vaccination from other contracted employers who follow these vaccination records guidelines and standards.
- c. State Mandate for Employees to Provide Proof of Vaccination or Undergo Weekly COVID Testing
- i. The California Department of Public Health issued a state mandate on August 11, 2021 requiring that all unvaccinated employees or those that decline to state their vaccination status, must be tested for COVID-19 on a weekly basis. All organizations must be in compliance by October 15, 2021. All schools are set up to conduct the testing and will begin Monday, October 18 (the day we return from fall break). Read the full State Public Health Officer Order [here](#).
 - ii. ~~Effective Monday, January 10, 2022 all employees (vaccinated and unvaccinated) will be required to have a negative COVID test weekly. This will include all District Office employees and Board members when attending in person. District Office staff will be required to test twice weekly if there is ample test kit availability.~~

20. COVID-19 Safety Planning Transparency Recommendations

- a. In order to build trust in the school community and support successful return to school, it is a best practice to provide transparency to the school community regarding the school's safety plans. It is recommended that at a minimum all local educational agencies (LEAs) post a safety plan, communicating the safety measures in place for 2021-22, on the LEA's website and at schools, and disseminate to families in advance of the start of the school year.

21. Can K-12 schools host dances and large assemblies?

- a. School dances, large assemblies, and other school-based crowded events have the potential to cause substantial spread of COVID-19 within and beyond the school community. Schools are encouraged to consult with local health officials before deciding to host such events, particularly in communities where COVID-19 remains highly prevalent and/or vaccination rates remain low. The following are additional considerations to optimize health and safety for all attendees.
 - i. Host such events outdoors whenever possible.

- ii. Separate the event into smaller cohorts (by grade, for example) whenever possible.
- iii. Ensure all eligible attendees (students and adults) are fully vaccinated. Conduct pre-entry testing for all unvaccinated attendees at or just prior to the event.
- iv. Plan in advance how to identify close contacts if it is later discovered that someone with COVID-19 attended the event. Consider requiring pre-registration with CA Notify and maintaining a log of all attendees (even those arriving pre-event) at the door/entrance to the event.
- v. Consider requiring the use of masks at outdoor school-based large, crowded events. (Masks remain required indoors as per CDPH K-12 Guidance.)
- vi. If food or drinks are to be served, serve them outdoors whenever possible and/or place them away from other areas to clearly designate spaces where masks must be worn.

22. School-Based Extracurricular Activities

- a. The requirements and recommendations in this guidance apply to extracurricular activities that are operated or supervised by schools, and activities that occur on a school site, whether or not they occur during school hours. Activities may be performed outdoors without masks. Indoor mask use remains a critical layer in protecting against COVID-19 infection and transmission. Accordingly:
 - i. Individuals using instruments indoors that cannot be played with a mask (e.g., wind instruments) may perform if bell coverings are used when playing wind instruments AND a minimum of 3 feet of physical distancing is maintained between participants. Modified masking may be considered in addition to, but not in place of, bell covers. If bell covers are not used, it is strongly recommended that individuals undergo screening testing at least once weekly. An FDA-approved antigen test, PCR test, or pooled PCR test is acceptable for evaluation of an individual's COVID-19 status.

Additional considerations or other populations

1. Disabilities or other health care needs recommendations

- a. When implementing this guidance, schools should carefully consider how to address the legal requirements related to provision of a free appropriate public education and requirements to reasonably accommodate disabilities, which continue to apply.
- b. Refer to the CDC K-12 guidance section on “Disabilities or other health care needs” for additional recommendations.

2. Visitor recommendations

- a. Schools should review their rules for visitors and family engagement activities.
- b. Schools should limit nonessential visitors, volunteers, and activities involving external groups or organizations with people who are not fully vaccinated, particularly in areas where there is moderate-to high COVID-19 community transmission. Essential volunteers include those providing support for teachers in classrooms, or for any other school-related activity where volunteers support the success of the event.
- c. Schools should not limit access for direct service providers, but can ensure compliance with school visitor policies.
- d. For essential volunteers, the following requirements apply:
 - i. Provide proof of full COVID-19 vaccination, or provide proof of a negative COVID-19 test that was done within 1 week of the volunteer event, or weekly tests for ongoing volunteers. Antigen rapid tests are available free of charge for volunteers at all school sites, and can even be given the day of volunteering.
 - ii. Complete the assumption of risk form.
- e. Schools should continue to emphasize the importance of staying home when sick. Anyone, including visitors, who have symptoms of infectious illness, such as flu or COVID-19, should stay home and seek testing and care.

3. Additional information about how this guidance applies to other supervised settings for K-12 school-aged children and youth (including activities such as band, drama) is forthcoming. Childcare settings and providers remain subject to separate guidance.

Cal/OSHA Regulations for K-12 School Settings

Workplace safety practices are governed by Cal/OSHA. The following regulations adopted by CalOSHA on June 17, 2021 are specific to K-12 school settings, and were effective immediately:

- Any employees, working directly in contact with students and while students are present, must continue to wear face coverings at all times indoors while students are present, regardless of vaccination status.
- There are no face covering requirements outdoors regardless of vaccination status for adults and students (except in the event of a major workplace COVID-19 outbreak).
- All requirements for physical distancing and barriers have been removed, regardless of employee vaccination status (except in the event of a workplace COVID-19 outbreak).
- Fully vaccinated employees (2 weeks after your last COVID-19 vaccine) who are not working directly in contact with students and where no students are present, can choose to not wear face coverings while indoors at work. If an employee has been vaccinated against COVID-19 and wishes to remove their face covering, the District is required to document the employee's

COVID-19 vaccination status. Contact the Human Resources Office if you did not receive the vaccination verification form to complete.

- Employers must provide face coverings to any employee who requests one, regardless of vaccination status.
- Employers must provide unvaccinated employees with approved respirators, such as N-95 for voluntary use when working indoors or in a vehicle with others, upon request.
- The definition of a sufficient face covering at work now includes only a medical, surgical, or two-fabric layer mask, or N-95 respirator. Please refer to the CDPH “Get the Most Out of Masking” document.
<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Get-the-Most-out-of-Masking.aspx#>
- Employees who are not fully vaccinated, or who decline to verify vaccine status, are required to continue to wear approved face coverings at work indoors, except when briefly eating or drinking or alone in a room or vehicle.
- Employers must notify employees of the benefits of the COVID-19 vaccine, including that the vaccine has been effective at preventing serious illness or death. [Here is information](#) on the COVID-19 Vaccine and the benefits of the vaccine.
- All visitors to any indoor District facility must wear face coverings while inside those facilities if they are not fully vaccinated against COVID-19, unless they meet one of the following:
 - They are under 2 years of age.
 - They have a medical condition, mental condition, or disability that prevents wearing a face covering.
 - They are hearing impaired or actively communicating with a person who is hearing impaired where the ability to see the mouth is essential for communication.
- Employers must evaluate whether it is necessary to implement physical distancing and barriers during an outbreak (3 or more cases in an exposed group of employees).
- Employers must implement physical distancing and barriers during a major outbreak (20 or more cases in an exposed group of employees).
- Employers must evaluate ventilation systems to maximize outdoor air and increase filtrations efficiency, and evaluate the use of additional air cleaning systems

For additional information on the revised CalOSHA regulations for the workplace, visit

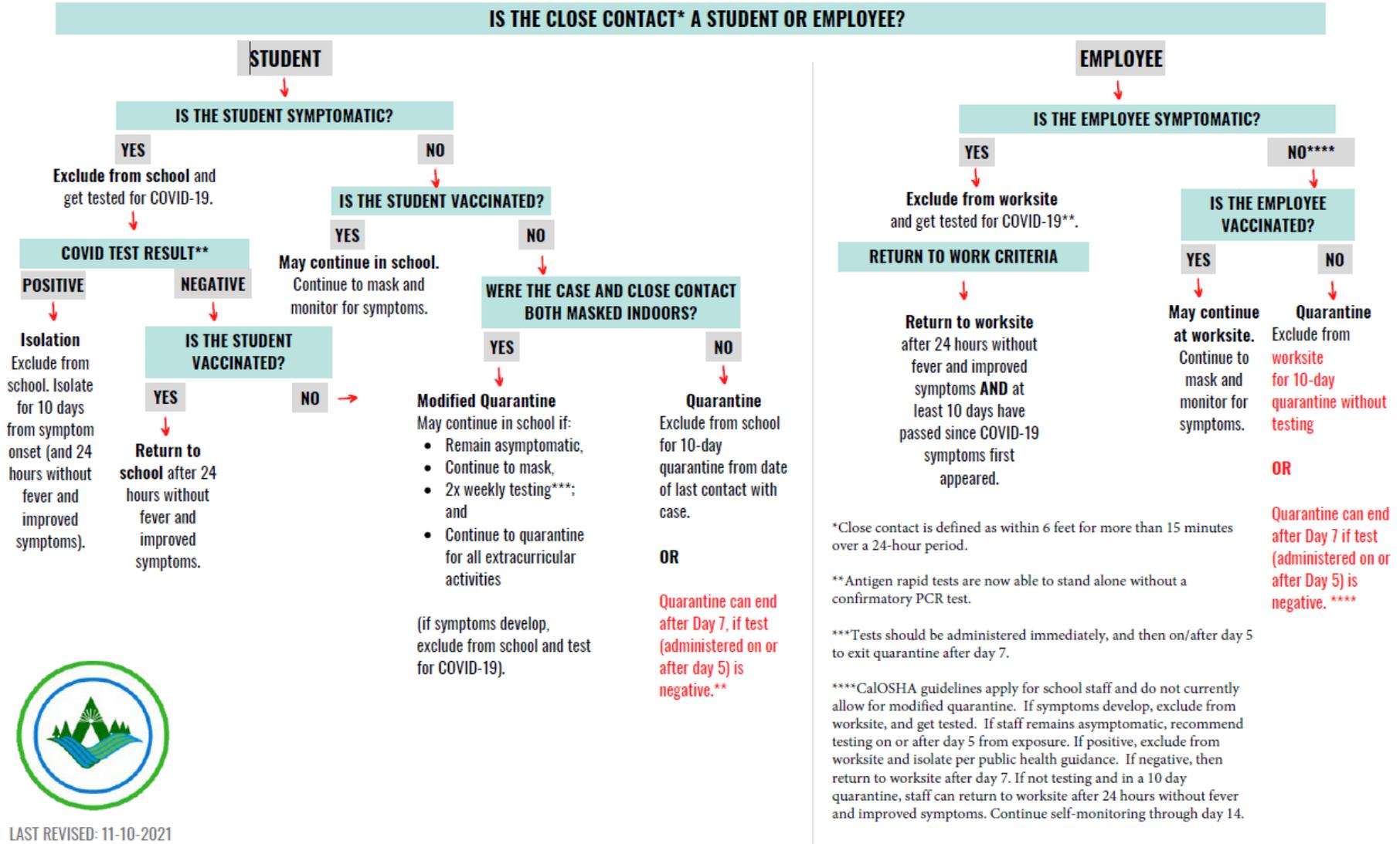
<https://www.dir.ca.gov/dosh/coronavirus/Revisions-FAQ.html>

This plan will be updated throughout the 2021-2022 school year, as needed, as the CDPH and/or Cal/OSHA guidance and regulations change.

CLOSE CONTACT QUARANTINE FLOW CHART FOR INDOOR CLASSROOM SETTINGS

2021-2022 COVID-19 PUBLIC HEALTH GUIDANCE FOR K-12 SCHOOLS IN CALIFORNIA

! IMPORTANT: All close contact information (Including masking information) should be sent to public health in SPOT. Quarantine instructions will be provided by public health during contact tracing.



LAST REVISED: 11-10-2021

WHAT TO DO IF A STUDENT IS SICK FLOW CHART

STUDENT PRESENTS WITH SYMPTOMS

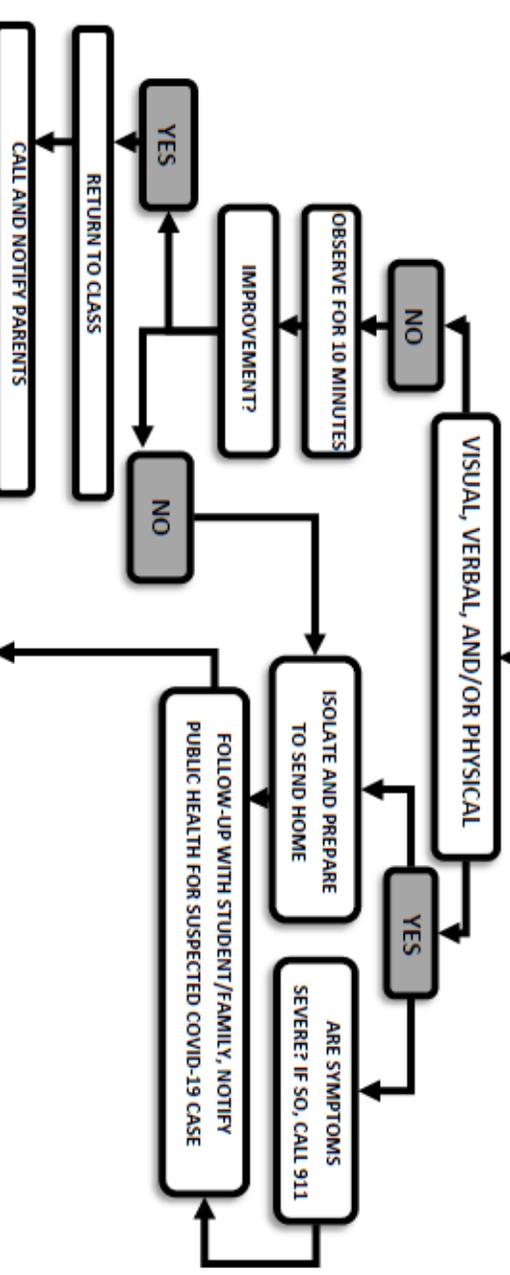
High Risk (has 1 or more of these): fever/chills (100.4°F), difficulty breathing, loss of taste or smell, new or worsening cough
Lower Risk (has 2 or more of these): sore throat, congestion/runny nose, headache, body aches, nausea/vomiting/diarrhea.
If only one low risk symptom, student may return 24 hours after symptom resolves.

CONDUCT VERBAL, VISUAL, AND PHYSICAL ASSESSMENT.

VERBAL:
 When did the symptoms start? Any exposure to someone ill? What are your signs and symptoms?

VISUAL:
 Flushed cheeks, difficulty breathing, fatigue, extreme fussiness/agitations, coughing

PHYSICAL:
 >100.4 degrees F



RETURN TO SCHOOL OPTIONS

TEST FOR COVID-19
IF POSITIVE:
 1) Seroindicate for at least 10 days from onset of test or when symptoms first started and
 2) Fever-free for 24-hours without fever reducing medication and
 3) symptoms improved and
 4) release from isolation has been cleared with Public Health.
IF NEGATIVE:
 1) Fever free for 24-hours without fever-reducing medication and
 2) symptoms have improved
 Provide test result to school nurse or administrator.

ALTERNATE DIAGNOSIS FROM HEALTHCARE PROVIDER
 1) Fever free for 24-hours without fever -reducing medication and
 2) symptoms have improved
 - Acceptable documentation to be provided to school nurse or administrator
 - Recommend that parents/guardians take student to healthcare provider while still sick or symptomatic.

IF CHILD IS NOT TESTED OR ALTERNATE DIAGNOSIS IS NOT AVAILABLE
 1) "Test or 10" protocol: Negative test required or 10 day quarantine, and 2) Fever-free for 24-hours without fever reducing medication, and 3) symptoms gone.
 Contact Public Health for consultation, if necessary.

CLOSE CONTACTS CAN CONTINUE TO STAY IN SCHOOL PENDING TEST RESULTS*
 - **IF TEST RESULT IS POSITIVE:**
 Quarantine (or modified quarantine) close contacts and notify Public Health.
 - **IF TEST RESULT TAKES >4 DAYS TO RECEIVE:**
 Quarantine close contacts and notify Public Health to determine next steps.

CLOSE CONTACTS CAN CONTINUE TO STAY IN SCHOOL*

CLOSE CONTACTS CAN CONTINUE TO STAY IN SCHOOL*

*Per the CDC, Close contacts are defined as someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from two days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated, regardless if the contact was wearing a mask (per CDC Return to School Guidelines)

Amador County Public Health



10877 Conductor Blvd., Suite 400
Sutter Creek, California 95685
Phone (209) 223-6407
Fax (209) 223-1562

Effective Date: September 13th, 2021

Revised Date: September 14th, 2021 to specify grade levels under testing requirement

**ORDER OF THE HEALTH OFFICER OF THE COUNTY OF AMADOR
MODIFYING PREVIOUS COVID-19 ORDERS REGARDING YOUTH
EXTRACURRICULAR ACTIVITIES AND YOUTH SPORTS**

This Order supersedes any previous guidance or Order related to Youth Sports and Extracurricular Activities and is in addition to the recently updated [CDPH K-12 guidance](#) on September 1, 2021. This Order will remain in place until further noted and will be continuously reassessed and weighted against the community spread and prevalence of the COVID-19 virus.

WHEREAS, a declaration of emergency was issued by the Governor of the State of California on March 18, 2020, and local emergencies have been declared in Amador County in response to the virus COVID-19; and

WHEREAS, the CDC has recommended cancelling sports and extracurricular activities in communities with high transmission, but California and our foothill counties support the safe continuance of such activities; and

WHEREAS, Since mid-June 2021, the SARS-CoV-2 B.1.617.2 (Delta) variant has been circulating in Amador County. This variant is highly transmissible and requires multi-component prevention strategies to reduce spread. Amador County is seeing a concerning uptick in cases among children under the age of eighteen; and

WHEREAS, to protect the health and safety of students, athletes, coaches, staff and volunteers, this Order is being issued to ensure safety protocols are in place;

NOW, THEREFORE, under the authority of California Health and Safety Code sections 101040, 101085 and 120175 and Title 17 California Code of Regulations, Section 2501, the Amador County Health Officer **HEREBY MAKES THE FOLLOWING ORDERS**, which shall be applicable within the County of Amador:

General Provisions

This Order provides requirements and general public health recommendations for extracurricular and optional organized youth activities, including all types of programs that occur on school grounds (e.g., before or after school, on school campuses, public or private) or involve school students (regardless of the activity's location) that are not part of a required educational curriculum.

- a. In workplaces, employers are subject to the Cal/OSHA COVID-19 Emergency Temporary Standards (ETS) and should consult those regulations for additional applicable requirements.
- b. Vaccination: COVID-19 vaccination is strongly recommended for all eligible people in California.
- c. Extracurricular activities should take place outdoors and/or distanced when feasible.
- d. Masks
 - i. Due to increased exhalation that occurs during physical activity, some indoor sports can put players, coaches, trainers, and others at increased risk for getting and spreading COVID-19. Similar risks exist for other extracurricular activities, such as dance, choir, theater, and school clubs that meet indoors. Given this increased risk, **masks are required indoors for all individuals in K-12 schools. This applies to all teachers, staff, students, game officials, and visitors to schools - regardless of vaccination status and for scenarios outlined below in item ii. Masks are not required when actively participating in sports or extracurricular activities when a mask cannot be worn.**
 - ii. Given the prevalence of COVID-19 in the community, for outdoor sports, **all individuals regardless of vaccination status are required to wear a face mask** during any event in which there is sustained contact of 3 feet or less for a duration of 15 minutes or more in a 24-hour period. Examples include: between practice drills, on the sidelines, arriving at or departing from the playing facility, in a locker room, while not on the playing field. CDPH K-12 Face Coverings guidance requires that all persons wear a face mask at all times while riding on shared transportation for school-related activities.
 - iii. For band and music classes during school hours, refer to the most updated CDPH school guidance.
- e. Screening testing of student participants
 - i. In areas of high transmission, the CDC recommendation would be to cancel high risk sports and extracurricular activities.
 - ii. For extracurricular activities where face coverings are not worn, perform the following testing procedures.
 1. In lieu of canceling, student participants in grades 6-12 must commence and continue twice weekly antigen testing or once weekly PCR testing, within 72 hours of competition, performance or event, regardless of age or vaccine status.
 2. Tests performed at home do not meet the screening testing requirements.
 3. Individuals who have had a positive COVID-19 test in the past 90 days are excluded from testing with documentation of positive test result.
- f. Recommendations for staying home when sick and getting tested:
 - i. Follow CDPH Guidance if you have COVID-19 symptoms.
 - ii. Youth and adults with symptoms of COVID-19 infection should not return to play or attendance until they have met the following CDPH criteria:

1. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; and
2. Other symptoms have improved; and
3. They have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.
 - g. Follow [CDPH Guidance on Isolation and Quarantine for COVID-19 Contact Tracing](#) for adults who are symptomatic and/or exposed to a COVID-19 case.
 - h. Follow [CDPH Guidance for K-12 Schools](#) for youth who are symptomatic and/or exposed to a COVID-19 case.
 - i. Ventilation recommendations:
 - i. For indoor spaces, ventilation should be optimized, which can be done by following [CDPH Guidance on Ventilation](#).
 - j. Hand hygiene recommendations
 - i. Teach and reinforce washing hands, avoiding contact with one's eyes, nose, and mouth, and covering coughs and sneezes among students and staff.
 - ii. Promote hand washing throughout the day, especially before and after eating, after using the toilet, and after handling garbage, or removing gloves.
 - iii. Ensure adequate supplies to support healthy hygiene behaviors, including soap, tissues, no-touch trash cans, face coverings, and hand sanitizers with at least 60 percent ethyl alcohol for staff and children who can safely use hand sanitizer.
 - k. Cleaning recommendations
 - i. In general, cleaning once a day is usually enough to sufficiently remove potential virus that may be on surfaces. Disinfecting (using disinfectants on the U.S. Environmental Protection Agency COVID-19 list) removes any remaining germs on surfaces, which further reduces any risk of spreading infection.
 - ii. For more information on cleaning a facility regularly, when to clean more frequently or disinfect, cleaning a facility when someone is sick, safe storage of cleaning and disinfecting products, and considerations for protecting workers who clean facilities, see [Cleaning and Disinfecting Your Facility](#).
 - iii. If a facility has had a sick person with COVID-19 within the last 24 hours, clean AND disinfect the spaces occupied by that person during that time.
 - l. Vaccination verification considerations
 - i. For guidance on vaccine verification, or for information on how to obtain a copy of your vaccine records, see [CDPH Guidance on Vaccine Records](#).

1. This Order is made in accordance with all applicable State and Federal laws, including but not limited to: Health and Safety Code sections 101030, et seq.; Health and Safety Code sections 120100, et seq.; and Title 17 of the California Code of Regulations section 2501.
2. This Order is made because of the propensity of the virus to spread person-to-person.
3. Copies of this Order shall promptly be posted on the County of Amador's website and provided to any member of the public requesting a copy of this Order.

Rita H Kerr, M.D.

September 14, 2021

Rita H. Kerr, MD
Health Officer

Date



Amador County Public Health Department

10877 Conductor Blvd., Ste. 400
Sutter Creek, CA 95685
Phone (209) 223-6407
Fax (209) 223-1562
publichealth@amadorgov.org

November 30, 2021

Amador County Unified School District
217 Rex Avenue
Jackson, CA 95642

Dear ACUSD Administration,

On Wednesday, November 24, 2021, the California Department of Public Health (CDPH) updated the COVID-19 Public Health Guidance for K-12 Schools, Section 16, School-based Extracurricular Activities. The newly updated guidance from CDPH now allows for individuals, while engaged in heavy exertion during participation in indoor sports and those who are playing a wind instrument indoors, to forego the wearing of face coverings or use of instrument bell coverings, subject to testing for COVID-19.

As you are aware, in mid-September the Public Health Officers for the three counties in the Mother Lode League (Amador, Calaveras and Tuolumne) issued orders to mitigate the risk COVID transmission during participation in sports and extracurricular activities. A key strategy required by the orders is testing.

The Health Officials of the three Mother Lode League counties have conferred and agreed that our present orders will remain in effect as this strategy has been effective in limiting the spread of COVID-19 during the current school year-to-date.

The Amador County Order regarding extracurricular activities and sports may be reviewed [here](#).

Sincerely,

Rita H Kerr, M.D.

Rita H. Kerr, M.D.
Health Officer

cc: Norma Wallace, Executive Director – JPA

Amador County Public Health Department

10877 Conductor Blvd., Ste. 400
Sutter Creek, CA 95685
Phone (209) 223-6407
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publichealth@amadorgov.org



ORDER OF THE HEALTH OFFICER OF THE COUNTY OF AMADOR MANDATING ISOLATION AND QUARANTINE FOR CERTAIN INDIVIDUALS TO CONTROL THE SPREAD OF COVID-19 AND RESCINDING PRIOR PUBLIC HEALTH ORDERS RELATED TO COVID-19

DATE OF ORDER: January 3, 2022

Please read this Order carefully. Violation of or failure to comply with this Order is a misdemeanor punishable by fine, imprisonment, or both. (California Health and Safety Code § 120295, *et seq.*; Cal. Penal Code §§ 69, 148(a)(1).)

UNDER THE AUTHORITY OF SECTIONS 101040; 101085; AND 120175 OF THE CALIFORNIA HEALTH AND SAFETY CODE, THE HEALTH OFFICER OF THE COUNTY OF AMADOR (“HEALTH OFFICER”) ORDERS:

1. **Summary.** The public health threat from COVID-19 continues in the County of Amador (“County”). Vaccines are the most effective method for preventing serious illness and death due to COVID-19. As of the effective date of this Order, the COVID-19 transmission risk within the County is high. COVID-19 continues to pose a risk, especially to residents of the County who are not up-to-date with their COVID vaccination. This Order continues to mandate that certain individuals, as specified below, isolate or quarantine themselves to prevent the spread of COVID-19. This Order also rescinds any prior public health officer orders issued to address isolation and quarantine related to the COVID-19 pandemic.
2. **Purpose and Intent.** This Order (hereinafter “Order”) supersedes and rescinds any prior County public health officer orders on quarantining or isolating related to COVID-19 as of the effective date of this Order.
3. **Isolation.** Separates those infected with a contagious disease from people who are not infected. All individuals who have been diagnosed with or are likely to have COVID-19 must isolate themselves. These persons are required to follow all instructions in this Order and the public health guidance documents referenced in this Order.
 - a. All individuals who have been diagnosed with or likely to have COVID-19 must immediately take the following actions:

- i. Isolate themselves at their home or another residence. They may not leave their place of isolation or enter any other public or private place, except to receive necessary medical care.
 - ii. Carefully review and closely follow all requirements listed in the California Department of Public Health’s (CDPH) “Guidance on Isolation and Quarantine for COVID-19 Contact Tracing.” Persons who work in a healthcare setting must follow the guidance contained in the CDPH AFL 21-08.6.
 - iii. Tell their Close Contacts that they need to quarantine themselves pursuant to Section 4 of this Order. Close Contacts who should be notified to self-quarantine are people who were with them during their infectious period. The infectious period starts from 48 hours before symptoms began (or the date of the positive test if no symptoms) and ends when the isolation period is over (see Section 3.c below). Close Contacts are persons who:
 - 1. Live in or have stayed at their residence;
 - 2. Are intimate sexual partners; OR
 - 3. Provide or provided care to them without wearing a mask, gown, and gloves; OR
 - 4. Were within six feet of them for 15 minutes or longer total accumulated time over any given 24 hour period.
 - iv. Refer Close Contacts to the California Department of Public Health’s “Guidance on Isolation and Quarantine for COVID-19 Contact Tracing,” which describe steps that household contacts, intimate partners, caregivers and others as determined by the disease control program must take to prevent spread of COVID-19. Close Contacts have likely been exposed to COVID-19 and if infected, can easily spread COVID-19 to others, even if they have only mild symptoms.
- b. Individuals who have been diagnosed or suspected to have COVID-19 are required to isolate themselves. This determination is based on one or more of the following factors:
- i. A positive test for the coronavirus (known as SARS-CoV-2) that causes COVID-19; OR
 - ii. Signs and symptoms that are consistent with COVID-19 within 14 days of being in close contact with a person who had or was believed to have had COVID-19; OR
 - iii. A healthcare provider has informed the individual that they are likely to have COVID-19.

Self-isolation is required because a person infected with or likely to have COVID-19 can easily spread the virus to others. Isolation separates these ill individuals from others to prevent the spread of COVID-19.

- c. Duration of Isolation: Isolated individuals must isolate themselves and follow all directions in this Order until they are no longer at risk for spreading COVID-19 based

on the tables in the [CDPH Guidance for Local Health Jurisdictions on Isolation and Quarantine of the General Public](#) or [AFL 21-08.6](#), whichever applies to them.

4. Quarantine. Restricts the movement of persons who were exposed to a contagious disease in case they become infected. Except as provided in the [CDPH Guidance for Isolation and Quarantine](#), all Close Contacts, as defined in Section 3.a.iii above, of a person with COVID-19 must quarantine themselves at their home or another residence. These persons are required to follow all instructions of this Order and the public health guidance documents referenced in this Order.
 - a. Quarantine Requirements for Close Contacts. Except as provided in the [CDPH Guidance for Isolation and Quarantine](#) all individuals who have been identified as Close Contacts to a person with COVID-19 must immediately take the following actions:
 - i. Duration of Quarantine will be up to 10 days following last exposure, but may be shorter with a negative test after 5 days per the [CDPH Guidance for Isolation and Quarantine](#). Those who remain asymptomatic and test negative must continue to wear a mask when around others at all times for a full 10 days after last exposure.
 - ii. COVID-exposed persons shall continue to self-monitor for COVID-19 symptoms for fourteen (14) days from the date of last exposure to a COVID-positive person, and shall immediately isolate if COVID-19 symptoms develop within the 14-day post-exposure period.
 - iii. Individuals are required to quarantine themselves because they are at high risk for developing and spreading COVID-19. They must stay at their home or another residence for the entirety of the duration of quarantine prescribed above in Section 4.a.i.
 - iv. Quarantined persons may not leave their place of quarantine or enter any other public or private place except to receive necessary medical care or testing, and must wear a mask at all times when in public.
 - v. Carefully review and closely follow all requirements listed in the California Department of Public Health’s “[Guidance on Isolation and Quarantine for COVID-19 Contact Tracing](#),”
 - vi. If a quarantined person becomes sick with fever, cough, or shortness of breath (even if their symptoms are very mild), they should isolate themselves at home and away from other people, contact their medical provider, seek testing, and follow the isolation instructions contained in the [CDPH Guidance for Isolation and Quarantine](#). This is because they are likely to have COVID-19 and if so, can spread it to vulnerable individuals. They are recommended to get tested for COVID-19 at five (5) days after their exposure, and/or if they develop any symptoms. A person is considered up-to-date for their COVID vaccination if it has been fewer than 6 months since they received their second dose of vaccine, or they have had a booster dose 6 months after Pfizer or Moderna vaccines or 2 months after the J&J Janssen vaccine.
 - b. K-12 Schools. COVID-exposed persons that are staff or students of a K-12 school located within the county shall adhere to the isolation and quarantine

recommendations found within the CDPH COVID-19 Public Health Guidance for K- 12 Schools in California, 2021-22 School Year.

5. For the purposes of this Order, in calculating the number of days since an individual was exposed to COVID-19, the first day shall be the day after the individual was exposed to a COVID-positive person.
6. Additional Actions and Violations. The Health Officer may take additional action(s), which may include civil detention or requiring an individual to stay at a health facility or other location, to protect the public's health if an individual who is subject to this Order violates or fails to comply with this Order. Violation of this Order is a misdemeanor punishable by imprisonment, fine, or both. (California Health and Safety Code § 120295, et seq.; Cal. Penal Code §§ 69, 148(a)(1).)
7. Effective Date. This Order shall become effective January 3, 2022. This Order shall continue to be in effect until it is rescinded, superseded, or amended in writing by the Health Officer.
8. Copies of this Order shall promptly be: (1) posted and made available at the entrance of the County Administration Center, 810 Court Street in Jackson; (2) posted on the County of Amador website: <https://www.amadorgov.org/services/public-health/covid-19/isolation-quarantine/>; and (3) provided to any member of the public requesting a copy of this Order.
9. Severability. If any provision of this Order or its application to any person or circumstance is held to be invalid, the remainder of the Order, including the application of such part or provision to other persons or circumstances, shall not be affected and shall continue in full force and effect. To this end, the provisions of this Order are severable.

IT IS SO ORDERED:

Rita H. Kerr

Rita H. Kerr, M.D.
Health Officer of the County of Amador

Dated: January 3, 2022

Approved as to form and legality:

Gregory Gillott

Gregory Gillott
Amador County Counsel

Dated: January 3, 2022

The following changes were put in place on Friday, January 7, 2022 and became effective immediately. Please note that everything under the isolation and quarantine sections comes from the formal Health Order provided by the State Public Health Officer, and carries the weight of law for public schools to follow. The following are current guidelines for testing, isolation, and quarantine:

Testing

- ~~Effective Monday, January 10, 2022 all employees (vaccinated and unvaccinated) will be required to have a negative COVID test weekly. This will include all District Office employees and Board members when attending in person. District Office staff will be required to test twice weekly if there is ample test kit availability.~~
- With the increase of positive cases we are currently seeing at school sites, principals may reach out to families for consent to do screening testing with students if particular schools have an increased positive student case rate. When we see multiple positive cases in classrooms, we may require all students to test in that classroom in order to remain in the classroom.

Isolation (for people who have tested positive for COVID-19)

- All students and staff who test positive regardless of their vaccination status, are eligible for release from isolation after day 5 with a negative antigen test result done at the school on or after day 5, or by providing official results from another testing service or doctor to the school/district. Students or staff coming to school to test should be symptom free and may then return to school on day 6.

Quarantine (for people who are close contacts** of someone who tested positive for COVID-19)

*** A close contact for this document will be defined as the following: Anyone within six (6) feet of a person who has tested positive for a cumulative total of fifteen (15) minutes or greater in any 24 hour period.*

QUARANTINE FOR STAFF

- Staff who are a close contact to someone who tested positive are now eligible for early release from quarantine after day 5 with a negative antigen test result that is completed at their school site on or after day 5, or by providing official results from another testing service or doctor to the school/district. Staff coming to school to test should be symptom free and may then return to school on or after day 6.
- Staff that are boosted or fully vaccinated but not yet booster eligible, do not need to quarantine, but must test on day 5.
- Per Cal OSHA and CDPH effective immediately, staff who are fully vaccinated and are currently booster-eligible, but have not yet received their booster, can test within 3-5 days after last exposure, if negative do not need to be excluded from work when asymptomatic.
- Unvaccinated staff, including persons previously infected with Covid-19 within the last 90 days, release from quarantine after day 5 with a negative antigen test result that is completed at their school site on or after day 5, or by providing official results from another testing service or doctor to the school/district. Staff coming to school to test should be symptom free

and may then return to school on or after day 6. If unable or choose not to test and does not have symptoms can return to work after day 10.

- ~~Students or staff who live in a household where someone has tested positive for COVID-19, who are up to date with their vaccine, and who do not have symptoms, do not need to quarantine. Students and staff who are not vaccinated or are not up to date with their vaccine must be excluded from school. These students or staff can get a PCR test for COVID-19 on or after day 10 since their first exposure to the positive individual. If the test is negative and they remain without symptoms, quarantine can end after Day 14.~~
- Staff who are unvaccinated must be excluded from the workplace for at least 5 days after their last close contact with a person who has COVID-19. Exposed employees must test on day 5. Quarantine can end and exposed employees can return to the workplace after day 5 if symptoms are not present and a diagnostic specimen collected on day 5 or later tests negative.
- See booster eligibility chart attached below to ensure you qualify for test and stay.

Who Can Get a Booster Shot

<p>IF YOU RECEIVED Pfizer-BioNTech</p>	<p>Who should get a booster:</p> <ul style="list-style-type: none"> • Everyone 12 years and older 	<p>When to get a booster:</p> <ul style="list-style-type: none"> • At least 5 months after completing your primary COVID-19 vaccination series 	<p>Which booster can you get:</p> <ul style="list-style-type: none"> • Pfizer-BioNTech or Moderna (mRNA COVID-19 vaccines) are preferred in most* situations • Teens 12–17 years old may only get a Pfizer-BioNTech COVID-19 vaccine booster
<p>IF YOU RECEIVED Moderna</p>	<p>Who should get a booster:</p> <ul style="list-style-type: none"> • Adults 18 years and older 	<p>When to get a booster:</p> <ul style="list-style-type: none"> • At least 5 months after completing your primary COVID-19 vaccination series 	<p>Which booster can you get:</p> <ul style="list-style-type: none"> • Pfizer-BioNTech or Moderna (mRNA COVID-19 vaccines) are preferred in most* situations
<p>IF YOU RECEIVED Johnson & Johnson's Janssen*</p>	<p>Who should get a booster:</p> <ul style="list-style-type: none"> • Adults 18 years and older 	<p>When to get a booster:</p> <ul style="list-style-type: none"> • At least 2 months after receiving your J&J/Janssen COVID-19 vaccination 	<p>Which booster can you get:</p> <ul style="list-style-type: none"> • Pfizer-BioNTech or Moderna (mRNA COVID-19 vaccines) are preferred in most* situations

QUARANTINE FOR STUDENTS

- A vaccinated student who is determined to be a close contact of a person who has tested positive is not required to quarantine, as long as they remain symptom free.
- An unvaccinated student must quarantine for 10 days if they choose not to test, or can be released early from quarantine after day 7 with a negative antigen test result performed at the school on or after day 5 of quarantine or by providing official results from another testing service or doctor to the school/district. If a student in quarantine without symptoms tests negative on day 5 or later, they may return to school on day 8.
- Students ~~or staff~~ who live in a household where someone has tested positive for COVID-19, who are up to date with their vaccine, and who do not have symptoms, do not need to quarantine. Students ~~and staff~~ who are not vaccinated or are not up to date with their vaccine must be excluded from school. These students ~~or staff~~ can get a PCR test for COVID-19 on or after day 10 since their first exposure to the positive individual. If the test is negative and they remain without symptoms, quarantine can end after Day 14.