Health and Safety Plan During COVID-19
for a Safe Return to School
for the 2021-2022 School Year

Board approved on August 25, 2021

On July 12, 2021, the California Department of Public Health (CDPH) published its updated guidance for K-12 schools for the 2021-2022 school year. The foundational principle of this guidance is that all students must have access to safe and full in-person instruction and to as much instructional time as possible. This plan is based on current guidance as of 2:00 pm on August 9, 2021, and is subject to change based on additional guidance issued by CDPH after this date and time.

The surest path to safe and full in-person instruction at the outset of the school year, as well as minimizing missed school days in an ongoing basis, is a strong emphasis on the following: vaccination for all eligible individuals to get COVID-19 rates down throughout the community; universal masking in schools, which enables no minimum physical distancing, allowing all students access to full in-person learning, and more targeted quarantine practices, keeping students in school; and access to a robust COVID-19 testing program as an available additional safety layer. Recent evidence indicates that in-person instruction can occur safely without minimum physical distancing requirements when other mitigation strategies (e.g., masking) are fully implemented. This is consistent with the Centers for Disease Control (CDC) K-12 School Guidance.

Masks are one of the most effective and simplest safety mitigation layers to prevent in-school transmission of COVID-19 infections and to support full time in-person instruction in K-12 schools. COVID-19 is transmitted primarily by aerosols (airborne transmission), and less frequently by droplets. Physical distancing is generally used to reduce only droplet transmission, whereas masks are one of the most effective measures for source control of both aerosols and droplets. Therefore, masks best promote both safety and in-person learning by reducing the need for physical distancing. Additionally, under the new guidance from the CDC, universal masking also permits modified quarantine practices under certain conditions in K-12 settings, further promoting more instructional time for students.
CDPH will continue to assess conditions on an ongoing basis, and will determine no later than November 1, 2021, whether to update mask requirements or recommendations. Indicators, conditions, and science review will include vaccination coverage status, consideration of whether vaccines are available for children under 12, community case and hospitalization rates, outbreaks, and ongoing vaccine effectiveness against circulating variants of COVID, in alignment with the CDC-recommended indicators to guide K-12 school operations.

This guidance is designed to enable all schools to offer and provide full in-person instruction to all students safely, consistent with the current scientific evidence about COVID-19, even if pandemic dynamics shift throughout the school year, affected by vaccination rates and the potential emergence of viral variants.

This guidance includes mandatory requirements, in addition to recommendations and resources to inform decision-making. Stricter guidance may be issued by local public health officials or other authorities.


**Safety Measures for California’s K-12 Schools**

1. **Masks**
   a. Masks are optional outdoors for all students and staff in K-12 school settings. Because of this, teachers are encouraged to find an outdoor space to conduct class as much as possible to minimize the amount of time masks are required.
   b. K-12 students are required to mask indoors, with limited exemptions per CDPH face mask guidance. Adults in K-12 school settings are required to mask when sharing indoor spaces with students.
   c. Persons exempted from wearing a face covering due to a medical condition, must wear a non-restrictive alternative, such as a face shield with a drape on the bottom edge, as long as their condition permits it.
   d. Schools must develop and implement local protocols to provide a face covering to students who inadvertently fail to bring a face covering to school to prevent unnecessary exclusions.
   e. Consistent with guidance from the 2020-21 school year, schools must develop and implement local protocols to enforce the mask requirements. Additionally, schools should offer alternative educational opportunities for students who are excluded from campus because they will not wear a face covering, including independent study.
f. In limited situations where a face covering cannot be used for pedagogical or developmental reasons, (e.g., communicating or assisting young children or those with special needs) a face shield with a drape (per CDPH guidelines) can be used instead of a face covering while in the classroom as long as the wearer maintains physical distance from others. Staff must return to wearing a face covering outside of the classroom.

For students who are not exempt from wearing a face covering per the CDPH Face Coverings Guidance updated August 2, 2021 section titled, “Safety Measures for K-12 Schools – Item #1: Masks”, the following enforcement process will apply:

- Students will be redirected by staff any time a mask is not worn, or not worn properly, while indoors on school property.
- Students refusing to wear a mask after being redirected by a staff member to do so, or after being provided a mask by a staff member, will be referred to the office for consultation. A staff member will meet with the student and review all CDPH guidelines and emphasize proper mask wearing requirements.
- If a student continues to not follow redirection after meeting with school staff, a meeting with the principal, parent and student will be scheduled immediately.
- Students continuing to refuse to wear a mask after the parent conference will have the following options - Option 1: Go through the Mask Exemption Process if applicable, or Option 2: Enroll in the district’s Independent Study/Virtual Learning program option (see details below).

<table>
<thead>
<tr>
<th>Option 1:</th>
<th>Option 2:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Mask Exemption Process per CDPH Guidance for K-12 Schools- Safety Measures- Masks</strong></td>
<td><strong>Enroll in the district’s Independent Study/Virtual Learning program</strong></td>
</tr>
</tbody>
</table>
| - Certain students with mental health or medical conditions, and disabilities may be exempt from the mask requirement. | - Contact school site administration for enrollment:  
  ○ TK-6 - John Hawley at Pine Grove Virtual Academy; 296-2800 or jhawley@acusd.org  
  ○ 7-12 - Kelly Hunkins at North Star Academy; 257-5100 or khunkins@acusd.org |
| - Parent obtains the Student Mask Exemption Request Form to begin the process for mask exemption while at school. | |
| - Parent takes form to student’s licensed physician to complete. | |
| - Per CDPH guidance on August 6, 2021, a licensed physician must provide authorization in order for a student to have an approved mask exemption. | |
| - Until the request form process is fully approved and completed, students attending in person learning will be required to wear a face covering, or parents have the option to have their child(ren) attend the Independent Study/Virtual Learning program option while going through the mask exemption process. | |
| - The Mask Exemption Process will be as follows:  
  ○ Parents will request the COVID-19 Student Mask Exemption Form from their school site office.  
  ○ Once a parent provides a completed Student Mask Exemption Request Form from a licensed physician, the parent will bring the form to school site for processing. | |
Exemption exists if a licensed physician determines one of the following is met:

- The student is under the age of 2
- The student has a medical condition
- The student has a mental health condition
- The student has a communication disability
- The student’s learning is inhibited because they are hearing impaired

- If the student is found to be exempt from wearing a face covering, it will be determined if an alternative face covering (such as a face shield with a drape) can be used by the student.
- Once the process has been completed, the approved COVID-19 Student Mask Exemption Form will be provided to the teacher(s) of record for the student and the school administrator for that student.
The term “close contact” in this document means the following: within 6’ for 15 cumulative minutes or more, in a 24 hour period while indoors.
If there is an exposure in the classroom the following must occur per CDPH and ACPH:

- Any **student not wearing a mask**, who was a close contact with an individual **who was also not wearing a mask** and has a positive COVID-19 test must:
  - Not attend in-person instruction and quarantine for all extra-curricular activities at school, including sports, and activities within the community setting
  - Remain in quarantine until after day 10 from the date of last exposure without testing, OR
  - Remain in quarantine until after day 7 if a COVID-19 test is completed after day 5 from the date of last exposure, and tests negative.

- Any **student not wearing a mask**, who was a close contact with an individual **who was wearing a mask** and has a positive COVID-19 test must:
  - Not attend in-person instruction and quarantine for all extra-curricular activities at school, including sports, and activities within the community setting
  - Remain in quarantine until after day 10 from the date of last exposure without testing, OR
  - Remain in quarantine until after day 7 if a COVID-19 test is completed after day 5 from the date of last exposure, and tests negative.

- Any **student wearing a mask**, who was a close contact with an individual **who was not wearing a mask** and has a positive COVID-19 test must:
  - Not attend in-person instruction and quarantine for all extra-curricular activities at school, including sports, and activities within the community setting
  - Remain in quarantine until after day 10 from the date of last exposure without testing, OR
  - Remain in quarantine until after day 7 if a COVID-19 test is completed after day 5 from the date of last exposure, and tests negative.

- Any **student wearing a mask**, who was a close contact with an individual **who was also wearing a mask** and has a positive COVID-19 test may continue to attend school for in-person instruction if they:
  - Are asymptomatic
  - Continue to appropriately mask as required
  - Undergo at least twice a week testing during the 10 day modified quarantine
  - Full quarantine applies for all extra-curricular activities at school, including sports, and activities within the community setting
  - Remain in modified quarantine until after day 10 from the date of last exposure without testing, OR
  - Remain in modified quarantine until after day 7 if a COVID-19 test is completed after day 5 from the date of last exposure, and tests negative.

- Any **staff member wearing a mask**, who was a close contact with a student **who was not wearing a mask** and has a positive COVID-19 test may discontinue quarantine:
  - After day 10 from the date of last exposure without testing,
  - Continue to quarantine for all extra-curricular activities at school, including sports, and activities within the community setting

- Any student or staff member who is within 90 days of a prior COVID positive test result does not need to quarantine after a repeat exposure to COVID within that time frame. They also are not advised to get re-tested UNLESS they develop symptoms after that known exposure.

- Any student or staff member who is a close contact and is fully vaccinated as verified by the district can:
  - Refrain from quarantine, wear a mask, and get tested 3-5 days following a known exposure, even if they remain asymptomatic
  - Students and parents must screen for symptoms each morning prior to arriving on campus, and stay home if symptoms are present
2. Physical Distancing
   a. Recent evidence indicates that in-person instruction can occur safely without minimum physical distancing requirements when other mitigation strategies (e.g., masking) are implemented. This is consistent with CDC K-12 School Guidance.

3. Health Screening:
   a. Passive (Self) Screening: Staff and students must self-screen for symptoms at home daily. This is called passive screening. If a person is sick or exhibits symptoms of COVID-19, they may not come to school and will follow Stay at Home and Return to School Requirements. Signs of illness include fever or chills (100.4 degrees or higher), cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea per CDC guidelines.

4. Ventilation Recommendations
   a. For indoor spaces, ventilation should be optimized, which can be done by following CDPH Guidance on Ventilation of Indoor Environments and Ventilation and Filtration to Reduce Long-Range Airborne Transmission of COVID-19 and Other Respiratory Infections: Considerations for Reopened Schools.

5. Recommendations for staying home when sick and getting tested:
   a. Follow the strategy for Staying Home when Sick and Getting Tested from the CDC.
   b. Getting tested for COVID-19 when symptoms are consistent with COVID-19 will help with rapid contact tracing and prevent possible spread at schools.
   c. Advise staff members and students with symptoms of COVID-19 infection not to return for in-person instruction until they have met CDPH criteria to return to school for those with symptoms:
      i. At least 24 hours have passed since resolution of fever without the use of fever reducing medications; and
      ii. Other symptoms have improved; and
      iii. They have a negative test for COVID-19, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis, OR at least 10 days have passed since symptom onset.

6. Screening testing recommendations:
   a. A robust testing program is one key strategy to allow schools to continue to remain open. Testing can modify quarantine as allowed under the K-12 School Guidance, and it also supports minimizing missed school days. As of August 5, 2021, testing is available for employees at Pine Grove Elementary School and Ione Junior High School, and for students and employees at
Amador High School and Argonaut High School. Our goal is to have testing available for students and staff at all school campuses soon after the start of the 2021-2022 school year.

7. Case reporting, contact tracing and investigation
   a. Per AB 86 (2021) and California Code Title 17, section 2500, schools are required to report COVID-19 cases to the local public health department.
   b. Each school should have a COVID-19 liaison to assist the local health department with contact tracing and investigation. The LEA should also have a lead liaison.

8. Quarantine recommendations for vaccinated close contacts
   a. For the purposes of this guidance, people are considered fully vaccinated: two weeks or more after they have received the second dose in a 2-dose series (Pfizer or Moderna), or two weeks or more after they have received a single-dose vaccine (Johnson and Johnson [J&J]/Janssen).
   b. Close contacts who are fully vaccinated can:
      i. Refrain from quarantine and testing following a known exposure as long as they remain asymptomatic.
      ii. Following a known exposure at work, fully vaccinated workers do not need to quarantine if asymptomatic.

9. Quarantine recommendations for unvaccinated students for exposures when both parties were wearing a mask, as required in K-12 indoor settings. These are adapted from the CDC K-12 guidance and CDC definition of a close contact.
   a. When both parties were wearing a mask in the indoor classroom setting, unvaccinated students who are close contacts (more than 15 minutes over a 24-hour period within 0-6 feet indoors) may undergo a modified 10-day quarantine as follows. They may continue to attend school for in-person instruction if they:
      i. Are asymptomatic;
      ii. Continue to appropriately mask, as required;
      iii. Undergo at least twice weekly testing during the 10-day quarantine; and
      iv. Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting.

10. Quarantine recommendations for: unvaccinated close contacts who were not wearing masks or for whom the infected individual was not wearing a mask during the indoor exposure; or unvaccinated students as described in #9 above.
    a. For these contacts, those who remain asymptomatic, meaning they have NOT had any symptoms, may discontinue self-quarantine under the following conditions:
i. Quarantine can end after Day 10 from the date of last exposure without testing; OR
ii. Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative.

b. To discontinue quarantine before 14 days following last known exposure, asymptomatic close contacts must:
   i. Continue daily self-monitoring for symptoms through Day 14 from last known exposure; AND
   ii. Follow all recommended non-pharmaceutical interventions (e.g., wearing a mask when around others, hand washing, avoiding crowds) through Day 14 from last known exposure.

c. If any symptoms develop during this 14-day period, the exposed person must immediately isolate, get tested, and contact their healthcare provider with any questions regarding their care.

**See appendix A for a flow chart about when students and staff must quarantine.

11. Quarantine and testing Recommendations for individuals who have tested positive for COVID in the last 90 days
   a. People who are within 90 days of their prior positive do not need to quarantine after a repeat exposure to COVID within that time frame, and are not advised to get re-tested UNLESS they develop symptoms after that known exposure.

12. Isolation recommendations
   a. Both vaccinated and unvaccinated people who test positive for COVID-19 should immediately self-isolate. In the event a student or staff member tests positive, the scenario 3 letter (confirmed COVID case) will be sent home to the families of impacted students. The scenario 2 (close contact), and scenario 4 (follow-up to scenario 2- close contact) letters are discontinued effective the 2021-2022 school year.
   b. Those who are symptomatic may discontinue self-isolation only under the following conditions:
      i. At least 10 days have passed since symptom onset; AND
      ii. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND
      iii. Other symptoms have improved
   c. People with COVID-19 who are asymptomatic, meaning that they have NOT had any symptoms, may discontinue isolation under the following conditions:
      i. At least 10 days have passed since the date of the first positive COVID-19 test.
      ii. If they develop symptoms, then the strategies for discontinuing isolation for symptomatic persons (see above) should be used.
13. Hand hygiene recommendations
   a. Teach and reinforce washing hands, avoiding contact with one's eyes, nose, and mouth, and covering coughs and sneezes among students and staff.
   b. Promote hand washing throughout the day, especially before and after eating, after using the toilet, and after handling garbage, or removing gloves.
   c. Ensure adequate supplies to support healthy hygiene behaviors, including soap, tissues, no-touch trashcans, face coverings, and hand sanitizers with at least 60 percent ethyl alcohol for staff and children who can safely use hand sanitizer.

14. Cleaning recommendations
   a. In general, cleaning once a day is usually enough to sufficiently remove potential virus that may be on surfaces. Disinfecting (using disinfectants on the U.S. Environmental Protection Agency COVID-19 list) removes any remaining germs on surfaces, which further reduces any risk of spreading infection.
   b. For more information on cleaning a facility regularly, when to clean more frequently or disinfect, cleaning a facility when someone is sick, safe storage of cleaning and disinfecting products, and considerations for protecting workers who clean facilities, see Cleaning and Disinfecting Your Facility.
   c. If a facility has had a sick person with COVID-19 within the last 24 hours, clean AND disinfect the spaces occupied by that person during that time.

15. Food service recommendations
   a. Maximize physical distance as much as possible while eating (especially indoors). Using additional spaces outside of the cafeteria for mealtime seating such as classrooms or the gymnasium can help facilitate distancing. Arrange for eating outdoors as much as feasible.
   b. Clean frequently touched surfaces. Surfaces that come in contact with food should be washed, rinsed, and sanitized before and after meals.
   c. Given very low risk of transmission from surfaces and shared objects, there is no need to limit food service approaches to single use items and packaged meals.

16. School Bus/Transportation
   a. All requirements apply to the school bus as well.
      i. All riders must wear a mask while riding the bus, unless exempted.
      ii. Good ventilation with open/partially open windows is recommended.
iii. Buses should be cleaned daily and cleaned and disinfected after transporting any individual who is exhibiting symptoms of COVID-19.

17. Responding to students or staff exhibiting symptoms at school:

   a. Individuals who have symptoms of illness must be immediately separated to prevent possible transmission of disease to others. Individuals who are sick should go home or to a healthcare facility depending on the severity of their symptoms. Sick students and sick staff must:

      i. Be quickly separated from other students/staff until picked up by parent/guardian
      ii. Maintain more than 6 feet of distance from others, preferably in a separate room that is well ventilated
      iii. Wear a disposable mask
      iv. Attending staff must use standard precautions when assisting a sick individual. For suspected COVID-19 this includes, disposable face mask, eye covering/face shield and gloves
      v. Call parent/guardian for immediate pick up
         1. If a parent/guardian cannot pick up students, consider procedures for arranging transportation to their home
         2. Provide parent/guardian or staff member with Stay at Home/When to Return to School instructions
      vi. Disinfect all surfaces after the student/staff leaves and before use by others
      vii. If COVID-19 is suspected, contact your school nurse or Human Resources. Follow Communicable Disease Response Protocols for notifying Human Resources for possible outbreaks of infectious disease

   b. Collect and track illness-related absence information at the time of student or staff absence.

      i. Train attendance staff to support contract tracing as directed by the Amador County Health Department
      ii. School site staff responsible for entering attendance data into Aeries will also list reasons for illness, symptoms, and date of onset in the “Comments” section

   c. Follow HIPAA confidentiality laws noting that communicable disease concerns are confidential, and all staff are expected to protect health information.

   d. Contact the Human Resources Department

   e. Designated Human Resources staff will report all COVID-19 diagnoses, as well as any unusually high number of illness-related student and staff absences, to Amador County Public Health. Amador County Public Health and ACUSD will coordinate response to COVID-19 cases within the confidentiality framework of HIPPA and FERPA. The Assistant Superintendent of Human Resources and Labor Relations will be the point of contact for all staff related cases and the Assistant Superintendent of Educational Services will be the point of contact for all student related cases.

   f. Require students and staff to remain home per Stay at Home Requirements.
i. Stay home if experiencing the following symptoms of illness: fever or chills (100.4 degrees or higher), cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea. * Subject to change as revised by CDC.

ii. Stay home if advised to isolate or quarantine by your doctor or the health department due to COVID-19 precautions. Reasons may include:
   1. Recent contact with a person with COVID-19
   2. Recent diagnosis with COVID-19
   3. Recent travel from anywhere with widespread COVID transmission

iii. The COVID-19 Decision Tree for People in Schools, Youth, and Child Care Programs will be used to determine stay at home, isolation, or quarantine lengths on a case by case basis. Return to school or work when free of symptoms for 24 hours, and at least 10 days have passed from the start of symptoms or the date the positive test was collected, and/or after the ordered quarantine/isolation period has ended, as applicable.

   g. Additional activities may be required as advised by Human Resources following county health department orders.

*See Appendix B for a flow chart of what to do if a student is sick.

18. Vaccination verification considerations
a. To inform implementation of prevention strategies that vary by vaccination status (testing, contact tracing efforts, and quarantine and isolation practices), refer to the CDPH vaccine verification recommendations. Reasons for determining vaccination status include:
   i. Employees who are not fully vaccinated, or who decline to verify vaccine status, are required to continue to wear approved face coverings at work indoors, except when briefly eating or drinking or alone in a room or vehicle.
   ii. Fully vaccinated employees (2 weeks after your last COVID-19 vaccine) who are not working directly in contact with students and where no students are present, can choose to not wear face coverings while indoors at work. If an employee has been vaccinated against COVID-19 and wishes to remove their face covering, the District is required to document the employee’s COVID-19 vaccination status. Contact the Human Resources Office if you did not receive the vaccination verification form to complete.
   iii. Fully vaccinated students and staff do not need to quarantine in the event of an exposure, as long as they remain asymptomatic and follow all current CDPH/CDC recommendations as detailed on page 8.

b. Options for Providing Proof of Vaccination:
   i. Covid-19 Vaccination Record Card (issued by the Department of Health and Human Services Centers for Disease Control & Prevention or WHO Yellow Card1) which includes name of person vaccinated, type of vaccine provided and date last dose administered); OR
ii. A photo of a vaccination card as a separate document; OR
iii. A photo of the client’s vaccine card stored on a phone or electronic device; OR
iv. Documentation of vaccination from a healthcare provider; OR
v. Digital record that includes a QR code that when scanned by a SMART Health Card reader displays to the reader client name, date of birth, vaccine dates and vaccine type. The QR code must also confirm the vaccine record as an official record of the state of California; OR
vi. Documentation of vaccination from other contracted employers who follow these vaccination records guidelines and standards.

19. COVID-19 Safety Planning Transparency Recommendations
   a. In order to build trust in the school community and support successful return to school, it is a best practice to provide transparency to the school community regarding the school’s safety plans. It is recommended that at a minimum all local educational agencies (LEAs) post a safety plan, communicating the safety measures in place for 2021-22, on the LEA’s website and at schools, and disseminate to families in advance of the start of the school year.

Additional considerations or other populations

1. Disabilities or other health care needs recommendations
   a. When implementing this guidance, schools should carefully consider how to address the legal requirements related to provision of a free appropriate public education and requirements to reasonably accommodate disabilities, which continue to apply.
   b. Refer to the CDC K-12 guidance section on “Disabilities or other health care needs” for additional recommendations.

2. Visitor recommendations
   a. Schools should review their rules for visitors and family engagement activities.
   b. Schools should limit nonessential visitors, volunteers, and activities involving external groups or organizations with people who are not fully vaccinated, particularly in areas where there is moderate-to high COVID-19 community transmission.
   c. Schools should not limit access for direct service providers, but can ensure compliance with school visitor polices.
   d. Schools should continue to emphasize the importance of staying home when sick. Anyone, including visitors, who have symptoms of infectious illness, such as flu or COVID-19, should stay home and seek testing and care.
3. Additional information about how this guidance applies to other supervised settings for K-12 school-aged children and youth (including activities such as band, drama) is forthcoming. Childcare settings and providers remain subject to separate guidance.

**Cal/OSHA Regulations for K-12 School Settings**

Workplace safety practices are governed by Cal/OSHA. The following regulations adopted by Cal/OSHA on June 17, 2021 are specific to K-12 school settings, and were effective immediately:

- Any employees, working directly in contact with students and while students are present, must continue to wear face coverings at all times indoors while students are present, regardless of vaccination status.
- There are no face covering requirements outdoors regardless of vaccination status for adults and students (except in the event of a major workplace COVID-19 outbreak).
- All requirements for physical distancing and barriers have been removed, regardless of employee vaccination status (except in the event of a workplace COVID-19 outbreak).
- Fully vaccinated employees (2 weeks after your last COVID-19 vaccine) who are not working directly in contact with students and where no students are present, can choose to not wear face coverings while indoors at work. If an employee has been vaccinated against COVID-19 and wishes to remove their face covering, the District is required to document the employee’s COVID-19 vaccination status. Contact the Human Resources Office if you did not receive the vaccination verification form to complete.
- Employers must provide face coverings to any employee who requests one, regardless of vaccination status.
- Employers must provide unvaccinated employees with approved respirators, such as N-95 for voluntary use when working indoors or in a vehicle with others, upon request.
- The definition of a sufficient face covering at work now includes only a medical, surgical, or two-fabric layer mask, or N-95 respirator. Please refer to the CDPH “Get the Most Out of Masking” document. [https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Get-the-Most-out-of-Masking.aspx#](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Get-the-Most-out-of-Masking.aspx#)
- Employees who are not fully vaccinated, or who decline to verify vaccine status, are required to continue to wear approved face coverings at work indoors, except when briefly eating or drinking or alone in a room or vehicle.
- Employers must notify employees of the benefits of the COVID-19 vaccine, including that the vaccine has been effective at preventing serious illness or death. Here is information on the COVID-19 Vaccine and the benefits of the vaccine.
- All visitors to any indoor District facility must wear face coverings while inside those facilities if they are not fully vaccinated against COVID-19, unless they meet one of the following:
  - They are under 2 years of age.
They have a medical condition, mental condition, or disability that prevents wearing a face covering.

- They are hearing impaired or actively communicating with a person who is hearing impaired where the ability to see the mouth is essential for communication.

- Employers must evaluate whether it is necessary to implement physical distancing and barriers during an outbreak (3 or more cases in an exposed group of employees).

- Employers must implement physical distancing and barriers during a major outbreak (20 or more cases in an exposed group of employees).

- Employers must evaluate ventilation systems to maximize outdoor air and increase filtrations efficiency, and evaluate the use of additional air cleaning systems.

For additional information on the revised CalOSHA regulations for the workplace, visit https://www.dir.ca.gov/dosh/coronavirus/Revisions-FAQ.html

This plan will be updated throughout the 2021-2022 school year, as needed, as the CDPH and/or Cal/OSHA guidance and regulations change.
CLOSE CONTACT QUARANTINE FLOW CHART
FOR SUPERVISED SCHOOL SETTINGS
2021-2022 COVID-19 PUBLIC HEALTH GUIDANCE FOR K-12 SCHOOLS IN CALIFORNIA

IS THE CLOSE CONTACT* A STUDENT OR EMPLOYEE?

STUDENT

IS THE STUDENT SYMPTOMATIC?
YES
Exclude from school and get tested for COVID-19.

NO

IS THE STUDENT VACCINATED?
YES
COVID TEST RESULT**
POSITIVE
Isolation Exclude from school, isolate for 10 days from symptom onset (and 24 hours without fever and improved symptoms).

NEGATIVE
May continue in school Continue to mask and monitor for symptoms.

NO

WERE THE CASE AND CLOSE CONTACT BOTH MASKED INDOORS?
YES

NO
MODIFIED QUARANTINE
May continue in school if:
- Remain asymptomatic;
- Continue to mask;
- 2x weekly testing***;
- and
- Continue to quarantine for all extracurricular activities (if symptoms develop, exclude from school and test for COVID-19).

RETURN TO SCHOOL AFTER 24 HOURS WITHOUT FEVER AND IMPROVED SYMPTOMS.

EMPLOYEE

IS THE EMPLOYEE SYMPTOMATIC?
YES

NO

IS THE EMPLOYEE VACCINATED?
YES

NO

TEST RESULT**
POSITIVE
Isolation Exclude from the worksite, isolate for 10 days from symptom onset (and 24 hours without fever and improved symptoms).

NEGATIVE
Return to the worksite after 24 hours without fever and improved symptoms.

May continue at worksite Continue to mask and monitor for symptoms.

Quarantine
Exclude from worksite for 10-day quarantine. Return to school after 24 hours without fever and improved symptoms.

IMPORTANT: All close contact information (including masking information) should be sent to public health via the secure fax line at 223-1562. Quarantine instructions will be provided during contact tracing.

*Close contact is defined as within 6 feet for more than 15 minutes over a 24-hour period.
**Recommend PCR, antigen testing if PCR is not accessible.
*** 2x weekly testing can be antigen test.

SYMPTOMS: High Risk (need 1): fever/chills (100.4°F) difficulty breathing, loss of taste or smell, new or worsening cough. Lower Risk (need 2): sore throat, congestion/runny nose, headache, body aches, nausea/vomiting/diarrhea. If only one low risk symptom, follow school illness policy.

LAST REVISED: 7-30-2021
Appendix B

WHAT TO DO IF A STUDENT IS SICK FLOW CHART

STUDENT PRESENTS WITH SYMPTOMS
High Risk (has 1 or more of these): fever/chills (100.4°F), difficulty breathing, loss of taste or smell, new or worsening cough
Lower Risk (has 2 or more of these): sore throat, congestion/runny nose, headache, body aches, nausea/vomiting/diarrhea.
If only one low risk symptom, student may return 24 hours after symptoms resolve.

CONDUCT VERBAL, VISUAL, AND PHYSICAL ASSESSMENT.

VERBAL:
What did the symptoms start? any exposure to someone sick? What are your signs and symptoms?

PHYSICAL:
>100.4 degrees F

VISUAL, VERBAL, AND/OR PHYSICAL

VISUAL:
Flushed cheeks, difficulty breathing

PHYSICAL:
Fatigue, extreme lassness/
agitations, coughing

OBSERVE FOR 10 MINUTES

IMPROVEMENT?

YES

NO

VISUAL, VERBAL, AND/OR PHYSICAL

ARE SYMPTOMS SEVERE? IF SO, CALL 911

ISOLATE AND PREPARE TO SEND HOME

FOLLOW-UP WITH STUDENT/FAMILY. NOTIFY PUBLIC HEALTH FOR SUSPECTED COVID-19 CASE

RETURN TO CLASS

CALL AND NOTIFY PARENTS

RETURN TO SCHOOL OPTIONS

TEST FOR COVID-19

# positive:
1) Advise student for at least 10 days from date of test or when symptoms first started
2) Placement for 10 days without fever reducing medication and
3) Symptoms have improved
4) Residence isolation has been cleared with public health
If negative:
1) Advise student to be 24 hours without fever reducing medication and
2) Symptoms have improved
3) Residence isolation has been cleared with public health

OR

ALTERNATE DIAGNOSIS FROM HEALTHCARE PROVIDER
1) Fever-free for 24 hours without fever reducing medication and
2) Symptoms have improved
3) Acceptable documentation to be provided to school nurse or administrator
4) Recommended that parents/guardians take student to healthcare provider while still sick or symptomatic.

CLOSE CONTACTS CAN CONTINUE TO STAY IN SCHOOL

CALL, AND NOTIFY PUBLIC HEALTH

IF CHILD IS NOT TESTED OR ALTERNATE DIAGNOSIS IS NOT AVAILABLE

ASSUME STUDENT IS COVID-19 POSITIVE
1) Test or 10 day protocol. Negative test required for 10 day quarantine and 2) Fever-free for 24 hours without fever reducing medication and 3) Symptoms gone.

IDENTIFY & QUARANTINE CLOSE CONTACTS AND NOTIFY PUBLIC HEALTH
Contact Public Health to determine next steps.

CLOSE CONTACTS CAN CONTINUE TO STAY IN SCHOOL

LAST UPDATED 9-8-2021