



2022 Seamless Summer Menu



Due to nationwide product demand, menu items will vary from day to day.

These are menu items that may be in your breakfast or lunch meal.

BREAKFAST				
Blueberry Muffin	Buttermilk Bar			
1/2 Bagel w/Cream Cheese	Cold Cereal	Cheese Stick	Fresh Fruit	Granola Bar
Mini Cinni Rolls	Honey Bun		Canned Light Fruit	
	Cereal Bar	Yogurt	Dried Cranberries	Sports Gram Bites Jungle Crackers Teddy Grams
LUNCH				
Turkey/Cheese Sandwich or Sub		Go Gurt	Raisins	Chips
PBJ Sandwich			Veggies	
Ham/Cheese Sandwich or Wrap				
Turkey & Cheese Bagel or Wrap		1% Low Fat White Milk or Fat Free Chocolate Milk	Orange Juice	

Curbside at Argonaut High School only

Curbside service Monday thru Friday 12-1 pm

WE WILL NOT BE OPEN on JULY 4th