

Each month Beacon Health provides information focusing on a topic that may be of interest to your district's employees. We invite you to forward the message below to them in an email or add it to your intranet. If you have any questions please let us know. Thank you.

OCTOBER 2017

Planning for Retirement



Helpful Webinar

Retirees need to know how to manage their finances during tough times. This webinar will help you understand how to create a budget to fit your retirement income and meet your goals.

[Watch Now](#)

The New Retirement Realities

What is your plan for retirement? Do you have one? Do you want to retire? Should you continue to work past 65? This article will help you consider your options with helpful tips to "Take a Test Drive into Retirement."

[Read More](#)

Can You Market-proof Your Retirement?

Market-proofing your nest egg is a tricky balancing act. You need a safe harbor. This article reviews a number of ways to mitigate your retirement risk and even has a calculator to determine how long your nest egg will last in different scenarios.

[Read More](#)

How to Make Sure Your Retirement is a Happy One

Too many people retire and find themselves bored and unhappy within six months of stopping work. With a little planning and some helpful hints from this article, you can ensure your retirement is full of excitement and opportunity.

[Read More](#)

Beacon Health Options Employee Assistance Program (EAP)

The professional counselors at Beacon Health Options EAP can help you and your family members. The service is provided at no cost to all CVT subscribers with medical coverage. Employees and their immediate family members can receive free, confidential support or information any time, day or night.

Call 877-397-1032 to speak with an EAP professional or visit www.achievesolutions.net/cvt to find more information.