

Community Based Programs

Nexus Youth and Family Services:

All services listed below are provided at no-cost

Child & Youth Advocacy (XY) Program: The XY Child & Youth Advocacy staff and volunteers provide information & referral, assistance obtaining community resources, advocacy, mentoring, and peer leadership development for children and youth.
Contact: Lori Halvorson (209) 257-1980 x 107 or email to lhalvorson@nexusyfs.org

180° You-Turn: The 180° You-Turn program provides comprehensive services for at-risk young people living in Amador County. Referred youth participate in weekly group meetings, attend monthly field trips, and work closely with an assigned mentor. Ages 9 – 18.
Contact: Lori Halvorson (209) 257-1980 x 107 or email to lhalvorson@nexusyfs.org

Friday Night Live: Friday Night Live (FNL) is a youth leadership program with active chapters at school campuses in Amador County. FNL builds partnerships for positive and healthy youth development. FNL activities include drug and alcohol prevention, problem gambling awareness, teen tobacco use, and traffic safety. For more information, please contact Nadine Magaña at 209-257-1980 x 102 or email to nmagana@nexusyfs.org.

Parent Child Interaction Therapy (PCIT): PCIT is an intensive treatment program that is designed to help both parents and children. The PCIT program works with parents and children together to improve the quality of the parent-child relationship and to teach parents the skills necessary to manage their child's behavior problems. PCIT is appropriate for children who are between the ages of 2 and 7 years.
Contact: Nexus Therapy Dept. (209) 257-1980 x 101

Common Ground: Common Ground is a skills-building communication course which joins parents and teens in a creative partnership. During the course, parents and teens learn to listen respectfully, communicate honestly and openly, set and respect limits, and appreciate and honor differences.
Contact: Nexus Therapy Dept. (209) 257-1980 x 101

Nexus Youth and Family Services (con't):

CHAT Child Counseling Services: The CHAT program offers individual therapeutic counseling services to children under 18 years of age who are victims of emotional trauma, abuse or bullying. All counseling services are provided free of charge by qualified therapists at the Nexus office in Jackson. To receive information regarding program eligibility requirements or to inquire about CHAT counseling services, please contact the Nexus therapy office.

Contact: Nexus Therapy Dept. (209) 257-1980 x 101

Amador Tuolumne Community Action Agency (ATCAA)

All services listed below are provided at no-cost.

Child Abuse Therapy (CHAT): CHAT is free, individual therapy for eligible children under 18 years of age, who have been victims of any type of abuse, violence, bullying or have experienced major trauma in their lives. This is a comprehensive service located in Jackson that provides individual psychotherapy or group mental health counseling to child victims and secondary victims. Additional services provided include: Crisis intervention; meeting with child's caregiver to assist them with therapeutic services for the child; case management; information and referral services; assistance in providing information on crime victim compensation services; and transportation for children and caregivers receiving services, as necessary.

Contact: (209) 223-1485

Parent Child Interaction Therapy (PCIT): Our therapeutic counseling services also offer Parent Child Interaction Therapy (PCIT) to families whose child, between the ages 2–7, is already receiving child therapy through ATCAA's CHAT program. PCIT is an evidence-based program. Parent-Child Interaction Therapy (PCIT) is an intensive weekly treatment program that is designed to help both parents and children. The PCIT program works with parents and children together to improve the quality of the parent-child relationship and to teach parents the skills necessary to manage their child's behavior problems. Parents are taught specific skills, and are given the opportunity to practice these skills weekly until mastery is acquired and the child's behavior is improved.

Contact: (209) 223-1485

Other Therapy Services: Play Therapy, Art Therapy & Trauma Focused Cognitive Behavioral Therapy (TFCBT)

Contact: (209) 223-1485

