

Amador County Unified School District

MENTAL HEALTH THERAPIST

DEFINITION: The Mental Health Therapist provides a variety of mental health services for qualifying students (including therapy, consultation, student status, and treatment); communicates information to staff and families; and provides information and/or direction as may be requested. The mental health therapist reports to the Assistant Superintendent of Educational Services, or designee.

EXAMPLES OF DUTIES:

- Administers assessments (e.g. psycho social, emotional, etc.) for the purpose of evaluating the social and emotional development of students and/or determining eligibility for services.
- Attends meetings as assigned (e.g. Individual Education Plan (IEP) as a member of the team, progress evaluations, case consultations concerning student status and treatment, staff meetings, on-site trainings, in-service meetings, etc.) for the purpose of conveying and/or gathering information required to perform functions.
- Collaborates with internal school personnel and public/private agencies (e.g. medical staff, psychiatrist, outside counseling; conducts workshops/trainings on a variety of topics related to mental health and social-emotional well-being, etc.) for the purpose of providing information and/or services to strengthen families and/or students/clients.
- Completes specific program procedures in all work assignments and adheres to ethical obligations, including client confidentiality for the purpose of providing effective mental health services.
- Coordinates with service providers such as case managers, teachers, clinical mental health services staff for the purpose of coordinating mental health plans to ensure quality treatment, delivery of services, and review/update progress.
- Develops treatment and goals for treatment plans for the purpose of providing interventions and/or delivering services in compliance with established guidelines.
- Implements classroom interventions (e.g. group/classroom calming activities, teach anger management skills and other topics, provides support to schools during school crisis, etc.) for the purpose of supporting the classroom team and/or providing therapeutic interventions as needed.
- Maintains a variety of manual and electronic files and/or records (e.g. case histories and services plans in compliance with LEA Medi-Cal requirements, medical billing records, etc.) for the purpose of ensuring documentation for reference in accordance with administrative, clinical, and state legal requirements.
- Monitors direct services in the school (e.g. individual and group treatment, case management, and consultation, etc.) for the purpose of delivering effective mental health services to qualifying students.
- Prepares a variety of written materials (e.g. therapy notes, reports, letters, plans, psycho

social notes assessments, communication notes, etc.) for the purpose of documenting activities, providing written reference, and/or conveying information.

- Provides therapeutic interventions for the purpose of addressing immediate safety concerns and/or providing support and services to improve student outcomes.
- Responds to crises within the school environment for the purpose of providing appropriate interventions.

## QUALIFICATIONS

**SKILLS** are required to perform multiple, highly complex, technical tasks with a need to occasionally upgrade skills in order to meet changing job conditions. Specific skill based competencies required to satisfactorily perform the functions of the job include: operating standard office equipment including using pertinent software applications; and preparing and maintaining complete and accurate records.

**KNOWLEDGE** is required to perform basic math, including calculations using fractions, percents, and/or ratios; review and interpret highly technical information, write technical materials, and/or speak persuasively to implement desired actions; and analyze situations to define issues and draw conclusions. Specific knowledge based competencies required to satisfactorily perform the functions of the job include: current methods and modalities in student treatment; child and adolescent treatment competency skills; community resources; medical terminology; continuum of care; and utilization management.

**ABILITY** is required to schedule activities, meetings, and/or events; gather, collate, and/or classify data; and use basic, job-related equipment. Flexibility is required to independently work with others in a wide variety of circumstances; work with data utilizing defined but different processes; and operate equipment using standardized methods. Ability is also required to work with a significant diversity of individuals and/or groups; work with data of widely varied types and/or purposes; and utilize job-related equipment. Independent problem solving is required to analyze issues and create action plans. Problem solving with data frequently requires independent interpretation of guidelines; and problem solving with equipment is significant. Specific ability based competencies required to satisfactorily perform the functions of the job include: communicating with diverse groups; setting priorities; working as part of a team; observing and interpreting human behavior; working autonomously and in cooperation with others; and working with detailed information/data.

## TRAINING AND EXPERIENCE

Job related experience within a specialized field is preferred.

Bachelor's degree required.

Master's degree preferred in job-related area.

## CERTIFICATES AND LICENSES

Any of the following (or combination of):

LCSW, MFT, or Clinical Psychologist License

Pupil Personnel Services Credential

School Counseling, School Psychologist or Social Work Credential

Valid Driver's License & Evidence of Insurability

Board Approved: August 11, 2021

PHYSICAL DEMANDS AND WORKING CONDITIONS

Light Work:

Lifting, pushing and/or pulling objects normally does not exceed 50 pounds and is an infrequent aspect of the job.

Mobility:

Positions in this class require the mobility to stand, stoop, reach and bend.

Vision:

Positions in this class require vision (which may be corrected) to read small print.

SALARY LEVEL

**Level II of the Certificated Administrative Salary Schedule (192 Work Days)**